EMBRACING YOUR COMMUNITY

Arkansas Department of Corrections
Division of Correction
"Embracing Your Community
- A Guide to Reentry"
First Edition – March 2022

https://doc.arkansas.gov/correction/reentry/

Foreword

Most People fear change. Some of this fear is simply thinking, ‘Am I going to make it?’ Without change, you do not grow.

We are aware that leaving incarceration can be a culture shock, but we are here to help the Incarcerated Individual make the adjustment.

The Arkansas Department of Correction is dedicated to providing services and programs that will assist incarcerated individuals with their return to the community. As such, it is hoped that this reentry guide will serve as a quick reference resource for information to aid individuals being released from ADC as they return to the community. Contact information is provided in this booklet from various agencies to assist with barriers you may face while preparing to return to the community.

This reentry guide provides the individual with basic information about the reentry process. The information provided does not cover every possible situation, and it may not reflect recent changes in policy, procedure or contact information. Official Department policies, Board Regulations (ARs), and laws override any discrepancies that may be printed in this handbook.

All Board Regulations and most Department policies can be reviewed at your unit’s law library.

This reentry guide is available to all incarcerated individuals, and all are encouraged to begin preparing for reentry immediately.

Together we share the same community; therefore, working together we can reach goals and change lives.

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Mission Statement

The mission of the Arkansas Division of Correction is to provide public safety by carrying out the mandates of the courts; provide a safe humane environment for staff and inmates; strengthen the work ethic through teaching of good habits; and provide opportunities for staff and inmates to improve spiritually, mentally, and physically.

Vision Statement

The Vision of the Arkansas Department of Correction is to be an honorable and professional organization through ethical and innovative leadership at all levels, providing cost efficient, superior correctional services that return productive people to the community.

What is Reentry?

Reentry is the process of a person's transition from prison or jail to rejoining the community. It also means preparing for and figuring out a lot of everyday, real-life issues like getting identification documents (ID), securing housing, figuring out employment and finances, succeeding on parole or probation, signing up for health care, and reunifying with family members. Finally, reentry is used to broadly describe post-incarceration issues (like barriers you might face because of a criminal record), and these "reentry" issues can come up long after any system involvement.

WHAT CAN I LEARN FROM THIS BOOK?

Embracing your community can be easier when you are aware of the resources available and the services available to help you.

There are steps that can be taken to make a smooth transition:

- Prepare 30-60 days before your release
- First week of reentry
- Things to consider once you are settled.

Prepare 30-60 days before your release

Important documents:

- Social Security Card
- Birth Certificate
- Driver License/State Identification
- GED
- Parole Plan/Housing
- Veteran Papers
- Mentor

First week of reentry

- Check in with Parole Officer
- Do as instructed by your order of release and Parole Officer
- Create an email address
- Update resume
- Transportation
- Check the status of health insurance
- Attend AA or MH if needed/required
- Check with veteran affairs if you are a veteran
- Contact your mentor

Things to consider once you are settled

- Manage your finances
- Connect with assistance programs
- Self-Care
- Job search
- Continue education
- Focus on rebuilding healthy relationships
- Legal assistance

- **Right to Vote**

The Arkansas Constitution, Amendment 51, Section 11, (d)(2) provides that after a person with a felony conviction has discharged his sentence or been pardoned, he shall provide the county clerk with proof along with proof that all probation or parole fees and terms of imprisonment have been satisfied along with all court costs, fines, or restitution. Section (B) provides that upon proof, the felon shall be eligible to vote.

Starter Questions

- What are your *biggest goals* for your reentry?
- What do you expect to be the *biggest challenges* for your reentry?
  OR What are the biggest challenges for you now?
- What do you want others to know about your experiences with the criminal justice system?
- What kind of help will you need or do you need in addressing your history of incarceration or past involvement with the criminal justice system?
- How can your family or friends support you?
- How can a community group help?

FORGIVENESS

You cannot change the past no matter how hard you try. The incarceration happened, learn from the mistakes, and make better choices. Forgiveness starts with you forgiving yourself.

Forgiveness is a process where someone who has been wronged chooses to let go of their resentment and treat the wrongdoer with compassion. Sometimes the wrongdoer is you.

Forgive yourself of past mistakes and inconsistencies. Forgiveness does not mean forgetting or condoning the wrongdoing.

Practice saying the words “I forgive me.” Remember that simply saying the words is not forgiveness. Without action, it is just words. Forgiveness is an emotional change that occurs within the person.

Learn to forgive others. You can forgive a person while in no way believing that their actions were acceptable or justified.

The Four Phases of Forgiveness

1. **The Uncovering Phase.** During the first phase of forgiveness, you will improve your understanding of the injustice, and how it has impacted your life.

2. **The Decision Phase.** During the second phase, you will gain a deeper understanding of what forgiveness is and make the decision to choose or reject forgiveness as an option.

3. **The Work Phase.** During the third phase, you will start to understand the offender in a new way, which will allow positive feelings toward the offender and yourself.

4. **The Deepening Phase.** During the final phase of forgiveness, you will further decrease the negative emotions associated with the injustice. You may find meaning in the experiences and recognize ways in which you have grown as a result.

SELF-AWARENESS

Self-Awareness is simply the ability to be aware of one's inner life —one's emotions, thoughts, behaviors, values, preferences, goals, strengths, challenges, attitudes, mindsets, and so forth—and how these elements impact behavior and choices.

Skills that develop self-awareness include:

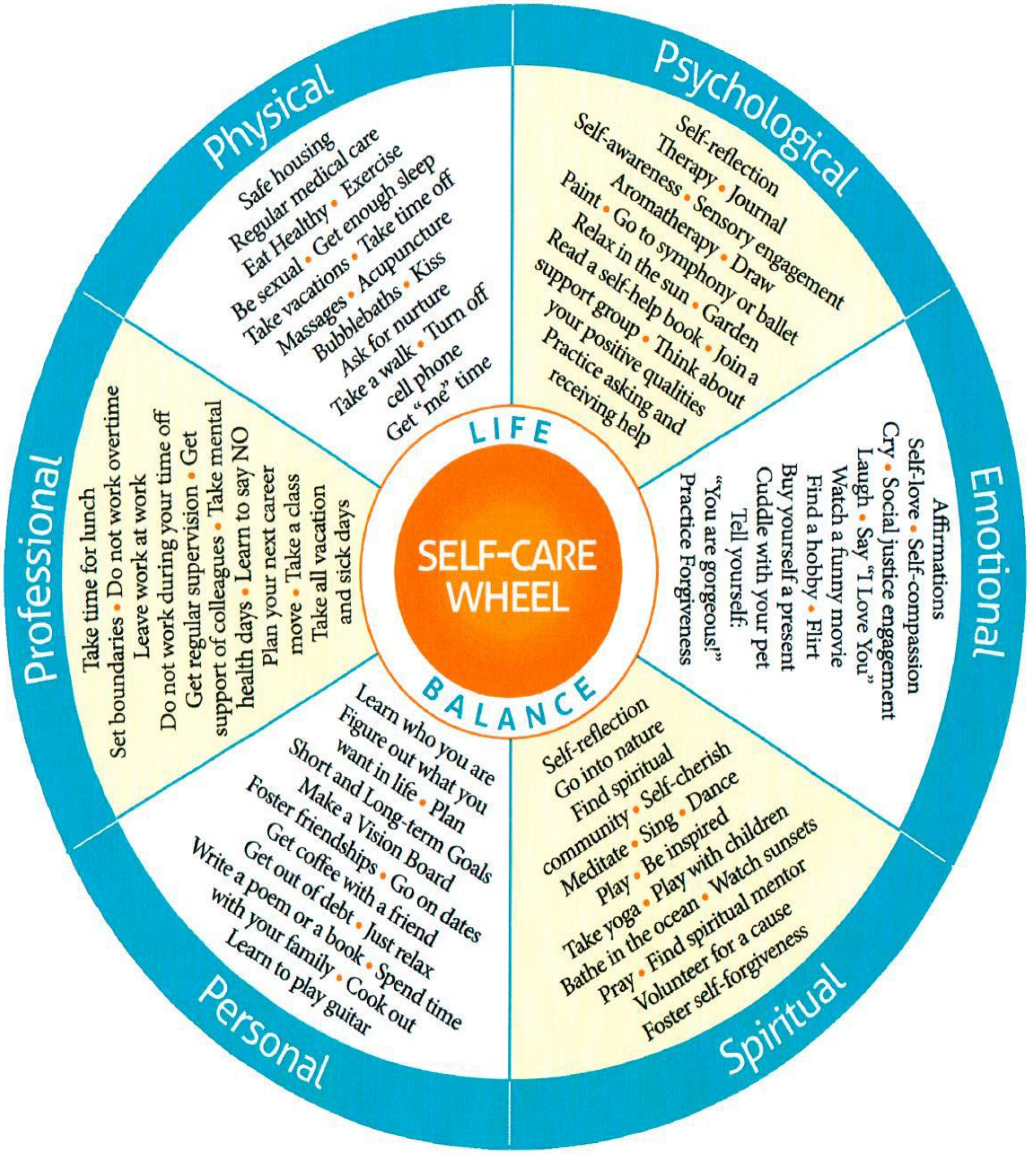
- Labeling and recognizing one's emotions
- Identifying what triggers own emotions
- Analyzing emotions and how they affect others
- Understanding the relationship between one's emotions, thoughts, and behaviors
- Recognizing one's needs, values, judgments, and biases
- Identifying personal strengths and areas for growth
- Practicing self-compassion
- Cultivating self-confidence, positive self-regard, a "growth" mindset, and optimism

Self-management

Self-management is the ability to navigate and shift one's thoughts, emotions, and behaviors in a healthy way to make decisions and reach goals that benefit oneself and others.

Self-management skills include:

- Regulating and expressing one's emotions thoughtfully
- Demonstrating perseverance and resilience to overcome obstacles
- Sustaining healthy boundaries
- Applying strategies to reduce personal and interpersonal stress
- Setting and monitoring short-term and long-term goals
- Advocating for oneself and one's needs
- Maintaining attention
- Using feedback constructively


SELF-CARE WHEEL
LIFE BALANCE
Physical
Safe housing
Regular medical care
Eat Healthy • Exercise
Be sexual • Get enough sleep
Take vacations • Take time off
Massages • Acupuncture
Bubblebaths • Kiss
Ask for nurture
Take a walk • Turn off cell phone
Get "me" time
Psychological
Self-reflection
Therapy • Journal
Self-awareness • Sensory engagement
Aromatherapy • Draw
Paint • Go to symphony or ballet
Relax in the sun • Garden
Read a self-help book • Join a support group • Think about your positive qualities
Practice asking and receiving help
Emotional
Affirmations
Self-love • Self-compassion
Cry • Social justice engagement
Laugh • Say "I Love You"
Watch a funny movie
Find a hobby • Flirt
Buy yourself a present
Cuddle with your pet
Tell yourself:
"You are gorgeous!"
Practice Forgiveness
Spiritual
Self-reflection
Go into nature
Find spiritual community • Self-cherish
Meditate • Sing • Dance
Play • Be inspired
Take yoga • Play with children
Bathe in the ocean • Watch sunsets
Pray • Find spiritual mentor
Volunteer for a cause
Foster self-forgiveness
Personal
Learn who you are
Figure out what you want in life • Plan
Short and Long-term Goals
Make a Vision Board
Foster friendships • Go on dates
Get coffee with a friend
Get out of debt • Just relax
Write a poem or a book • Spend time with your family • Cook out
Learn to play guitar
Professional
Take time for lunch
Set boundaries • Do not work overtime
Leave work at work
Do not work during your time off
Get regular supervision • Get support of colleagues • Take mental health days • Learn to say NO
Plan your next career move • Take a class
Take all vacation and sick days

Criminogenic Risk Factors

Criminogenic risk factors mean evidence-based factors that are {statistically proven to increase} associated with the likelihood of reoffending.

Knowing the risks puts everyone ahead of the game.

	Response
Anti-social cognition	**Reduce anti-social cognition, recognize risky thinking and feelings.**
Anti-social companions	**Reduce association with criminals, enhance contact with pro-social**
Anti-social personality(temperament)	**Build problem solving, anger management and coping skills**
History of antisocial/criminal behavior	**Cannot change history; Change patterns moving Forward**
Family and/or marital	Reduce conflict, build positive relationships and Communications
Substance abuse	Reduce usage, reduce the supports for abuse behavior, enhance alternatives to abuse
Social Achievement: Education/Employment	Enhance performance rewards
Leisure and/or recreation	Enhance involvement and satisfaction in pro-social activities

Criminogenic Risk Factors (Adapted from Latessa, Andrews & Bonta, and Gendreau)

COPING

When you are feeling distressed, ask yourself, “Do I need to change my situation, or do I need to find a way to better cope with the situation?” Then, you can decide which type of coping strategy will help you best proceed.

There are two main types of coping skills:

- Problem-based coping
- Emotion-based coping

Coping Problem- Based

Problem-based coping is helpful when you need to change your situation, perhaps by removing a stressful thing from your life.

Example: *If you are in an unhealthy relationship, your anxiety and sadness might be best resolved by ending the relationship (as opposed to soothing your emotions)*

Coping: Healthy Problem-Focused Coping Skills

- *Ask for support from a friend*
- *Create a to-do list*
- *Engage in problem-solving*
- *Establish healthy boundaries*
- *Walk away*
- *Work on managing your time better*

Coping Emotion – Based

Emotion based coping is helpful when you need to take care of your feelings when you either do not want to change your situation or when circumstances are out of your control.

Example*: If you are grieving the loss of a loved one, it would be important to take care of your feelings in a healthy way (since you cannot change the circumstance).*

Coping: Healthy Emotion-Focused Coping Skills

- Cook a meal
- Garden
- Give yourself a pep talk
- Go for a walk
- Engage in a hobby
- Exercise

Parole (Basic Supervision)

Parole is early release from state prison to community supervision. The formerly incarcerated individual must follow strict conditions of release, which are set by the Parole Board and include reporting to a parole officer. Each individual is assigned a supervising parole/probation officer and office location for reporting. These offices are located throughout the state. (*See Resource Guide)*

Once released from incarceration, the formerly incarcertated has 24 hours to report to their parole officer.
The intake session with the parole officer at a minimum includes:

- Risk Assessment
- Continuum of Care
- Supervision Level (Maximum, Medium, Minimum)
- Uranalysis
- New picture
- Conditions of Parole
- Fees

DCC uses a comprehensive statewide case management system to assist in the supervision of formerly incarcerated individuals. Certified substance abuse program counselors provide treatment to offenders dealing with alcohol, drug, and tobacco use addiction. Individuals may also be referred by parole/probation officers to programs such as financial education, employment skills, anger management, life skills, and general education.

Reentry staff also coordinate job fairs and hiring events for unemployed and underemployed offenders, providing an opportunity for a potential employer to meet with an offender, take an application on site and offer employment with the advance knowledge of the former incarcerated individual status with the criminal justice system.

Parole and probation community-based supervision provides the opportunity for formerly incarcerated individuals to live and work in the community while completing the remainder of their sentence.

BARRIERS TO REENTRY

Issues to face upon Release	This is a possible problem for me.	I can take care of this.	I need help with this.
Chemical Abuse			
Lack of Money			
Transportation			
Day Care			
Family Problems			
Housing			
Clothing			
Medical			
Telephone			
Job Skills			
Education			
Identification			

REENTRY PLANNING TIPS

- Start planning for reentry issues early on—ideally at least 6 months to 1 year before you are released from incarceration. Though it is never too early or too late to start!

- Take notes and write things down. You should take note of helpful information, resources, and contacts. Write down and keep track of dates, deadlines, phone numbers, addresses, and other vital information—all in one place.

- Think about and plan for your immediate needs like housing, food, and clothing. While you figure out short term needs, keep your long-term vision and goals in mind too, and stay motivated.

- Remember, effective communication is key. It is okay to share your concerns and feelings with people who care about you. Are you worried about finances or about finding employment? Tell the folks who can support you through the challenges and help you problem solve.

- Surround yourself with people who are a source of positivity, encouragement, and motivation.

- Have a plan to avoid risky situations. This might include people, places, and things (for example, avoiding drugs or alcohol if you have had past substance abuse issues).

How to Write an Action Plan/ Best Practices

Step 1: Define your end goal

If you are not clear about what you want to do and what you want to achieve, you are setting yourself up for failure.

Planning a new initiative? Start by defining where you are and where you want to be.

Solving a problem? Analyze the situation and explore possible solutions before prioritizing them.

Then write down your goal. And before you move on to the next step, run your goal through the SMART criteria.

Step 2: List down the steps to be followed

The goal is clear. What exactly should you do to realize it?

Create a rough template to list down all the tasks to be performed, due dates and people responsible.

Make sure that each task is clearly defined and is attainable. If you come across larger and more complex tasks, break them down to smaller ones that are easier to execute and manage.

Step 3: Prioritize tasks and add deadlines

It is time to reorganize the list by prioritizing the tasks. Some steps, you may need to prioritize as they can be blocking other sub-steps.

Add deadlines, and make sure that they are realistic.

Step 4: Set Milestones

Milestones can be considered mini goals up to the main goal at the end. The advantage of adding milestones is that they give you something to help you to stay motivated even though the final due date is far away.

Start from the end goal and work your way back as you set milestones. Remember not to keep too little or too much time in between the milestone you set. It is best practice to space milestones two weeks apart.

SMART GOALS

S	M	A	R	T
Specific	Measurable	Attainable	Realistic	Time-bound
Do: Set real numbers with real deadlines. Don't: Say, "I want more visitors."	Do: Make sure your goal is trackable. Don't: Hide behind buzzwords like, "brand engagement," or, "social influence."	Do: Work towards a goal that is challenging, but possible. Don't: Try to take over the world in one night.	Do: Be honest with yourself- you know what you and your team are capable of. Don't: Forget any hurdles you may have to overcome.	Do: Give yourself a deadline. Don't: Keep pushing towards a goal you might hit, "some day."

Action Plan Template

Goal: (Identified goal you are addressing with this strategy)
Pronged Strategy: (Create an action plan for each strategy in your Positive School Discipline Plan)

ACTION STEPS	PERSON(S) PARTNERS RESPONSIBLE	RESOURCES NEEDED INTERNAL/EXTERNAL	PROGRESS INDICATED AT BENCHMARK	COMPLETION DATE	EVIDENCE OF IMPROVEMENT
What you'll need to do to implement the strategy	Who is responsible for carrying out each action step	What resources you'll need both internally and externally to complete each action step	How you know that you have made progress on each action step	When you expect to complete each action step	The result of completing each action step

TO DO

TASK	GOAL DATE

NOTES

TO DO

TASK	GOAL DATE

NOTES

TO DO

TASK	GOAL DATE

NOTES

REBUILDING YOUR RELATIONSHIPS

For most people reentering their community, it will take some time to get used to life back at home. You may not feel comfortable right away. You and your family and friends will have to make some changes.

Your family members will have attempted to adapt to everyday routines without you there and may have learned to do things around the house (budgeting, grocery shopping, car repair, and other household chores) that you used to do. It is important to talk to your family about how you are feeling and decide how to take care of these things now that you are home.

Here are some other suggestions that can help:

- **Begin by appreciating the small things** others take for granted – such as privacy, being able to come and go as you please, planning your meals, and more.

- **Avoid talking about life in prison** as your only conversation topic. Practice making "small talk" about daily events instead.

- It will be difficult to catch up on everything that happened while you were away. **Be patient with yourself, and your family and friends.**

- **Understand that things will take time**, for both you and those around you, and that even small steps are important.

Trust takes time to rebuild. As your family learns to trust you, they will do more, and you will begin to feel more comfortable within your family again. Since you were in prison, a divorce or child custody proceeding may have happened and changed your family as you once knew it.

- **Show your loved ones** that you understand you may have hurt them and allow them to share painful memories with you.
- **Children** may have become used to living without their mom or dad. They may not understand everything that has happened, where you were, or why you were away. You can ask them if they have any questions and be patient with them as they readjust.
- **Your parents and your children** are not the same as when you left - do not try to treat them the way you did. They have aged and changed. Show them you care about their needs, are interested in what they are doing, and you want to spend time with them.
- **If you are asked about your incarceration**, answer questions honestly. You do not need to tell them it was "no big deal" or act "tough." Let them know being in prison is no way to spend your life.

Helpful resources about rebuilding relationships with family are available from the National Resource Center for Children and Families of the Incarcerated: **https://nrccfi.camden.rutgers.edu/**. The Resource Center also has a directory of programs specifically designed to help children who have had a parent in prison or jail.

Where…. from Here?

1. Where will I go when I am released?

a) Address? Telephone # Relationship

_____ _____ _____

2. If my release address is denied, what are my alternative release addresses?

b) Address? Telephone # Relationship

_____ _____ _____

c) Address? Telephone # Relationship

_____ _____ _____

3. Have I discussed everything with my family or the person I am going to live with?

4. How long can I stay there? Is it a temporary residence?

5. What responsibilities will I have once I live there?

6. Will I be responsible for paying a share of the rent or utilities? If so, how much?

7. Will living at home help me financially?

8. What is my backup plan?

Creating a Housing Plan

THE FOLLOWING IS MOST IMPORTANT TO ME IN MAKING MY HOUSING DECISIONS:

MY SHORT-TERM HOUSING PLAN:

When I first get out of jail or prison, I will live at:

_____

*(This might be a shelter or transitional housing. You may also be **required** to live in transitional housing, especially*
if you are on state parole after a life term.)

I can live here for _____ months.

I will be living with other people, including:

_____

If you will be living with family or friends after release, have you checked to make sure that their lease allows you to
live there? Do they know about how parole and probation have the right to do searches in the residence? Will you
have to go through a background check to live there? Feel free to write details below.

If this short-term or transitional housing plan falls through, my *back-up plan* is:

_____
_____.

MY LONG-TERM HOUSING PLAN:

My long-term/permanent housing plan (meaning my housing plan after living in a shelter or in transitional housing) includes:

_____
_____
_____.

SPECIAL SITUATIONS:

Check the box of any situations that apply to you and write notes that may be helpful below.

☐ *I have disabilities that I need my housing to accommodate, including:*

_____
_____

☐ *I need to find a place that will allow me to live with my children.*

☐ *I need LGBTQIA-safe housing.*

☐ *I have no-contact orders that affect where I can live. (Include any notes you wish to here).*

☐ *Other:* _____

PEOPLE I CAN ASK TO HELP ME WITH MY HOUSING PLAN INCLUDE:

(This could include family, friends, and loved ones as well as professionals.)

- _____
- _____
- _____

TAKING CARE OF YOUR PHYSICAL AND MENTAL HEALTH

Maintaining Your Physical Health

Once you have health insurance, you will be able to go to any health care provider who accepts your health insurance plan. Finding a **primary care provider** is the best way to manage your health instead of going to the Emergency Room or Urgent Care – it will save you money and time and increase the likelihood of staying healthy.

You may be referred to specialty doctors for specific health concerns. Visit these providers as soon as possible. You should also get your vision checked at least once a year, and your teeth cleaned once every six months to help prevent more serious problems in the future.

If you need **health care right away**, you can find a community clinic here: http://www.findahealthcenter.hrsa.gov.

Using Mental Health Services

Adjusting to life outside of prison can be difficult at times; you may find yourself feeling discouraged or depressed. Many people – millions of Americans, in fact – experience some kind of mental health challenge, whether it is depression, anxiety, or some form of addiction. You should feel comfortable asking any questions you have about your mental health with your primary care provider – and know that checkups and services for these are covered by most insurance companies as any other health service.

- Additionally, you can find free or low-cost mental health services available in your area on the Substance Abuse and Mental Health Services Administration (SAMHSA) website: https://findtreatment.samhsa.gov/ or by calling the National Helpline 1-800-662-HELP/4357 (TDD: 1-800-487-4889).

- No matter what problems you are dealing with, there is a reason to keep on living. By calling **1-800-273-TALK (8255)** at any time, you will be connected to a counselor at a crisis center in your area. You can also visit the **National Suicide Prevention Lifeline** website at: **www.suicidepreventionlifeline.org**.

Tips for maintaining Mental Health

To maintain your mental wellness, enlist the help of others when you need it and surround yourself with a supportive, healthy environment. For more ideas, read the following list.

- **Get plenty of rest** – Take frequent naps. Not only will they help calm your mind, but they can give you more energy.
- **Eat something new** – Whether it's a new recipe or re-inventing a traditional one.
- **Exercise your mind** – Challenge yourself with a jigsaw puzzle, solve riddles.
- **Spend time with others** – Reach out to someone you haven't talked to a while and create new memories.
- **Indulge yourself** – Enjoy a healthy dessert, sip a cool glass of iced tea or juice when it's hot outside curl up under a blanket and relax when it's cold.
- **Stay in** – Spend time with yourself occasionally. Watch a movie, draw a picture, organize your possessions, read your old letters.
- **Make the most of leisure time** – Whatever you choose to do, make sure it's something that you truly want to do!
- **Get involved** – Try and meet new people, with common goals and interests.
- **Take things one at a time** – Completing one thing at a time can lead to a greater sense of accomplishment and spur you to do even more!

Always seek professional help when needed.

What are you doing to maintain your mental health?

_____
_____
_____
_____
_____

Questions for Insurance Companies

Make sure you understand your policy completely. Here are some common questions you should find the answers to:

- What is an HMO?
- What is a PPO?
- Can I see any doctor?
- Does my doctor participate in this certain health plan?
- Do I have to see my primary doctor before I can see a specialist?
- Do I need to meet a deductible?
- Do I have any pre-existing conditions, that might not be covered?
- Do they cover vitamins or health supplements?
- Do I have an insurance care case manager?
- Do they offer free preventive services (i.e.: immunizations, physicals)
- Do they offer any incentives for maintaining good health?
- Can I cancel at any time?
- Does this plan cover dental?
- Does this plan cover vision?
- Does this plan cover my prescriptions?
- For my prescriptions, do I have to get the generic drug?

Keeping Up with Drug Treatment Services

Many people who are returning to the community have a history of abusing substances like alcohol and illegal or prescription drugs. You may have participated in treatment while incarcerated, and it is important to maintain a drug-free lifestyle after release.

- Most communities have self-help support groups. Local **Alcoholics Anonymous** and **Narcotics Anonymous** meetings can be found here:
  - **www.aa.org/pages/en_US/find-local-aa**
  - **www.na.org/meetingsearch/**

- You can find a drug treatment facility by visiting the **Substance Abuse and Mental Health Services Administration (SAMHSA)** website at **https://findtreatment.samhsa.gov/** or by calling the National Helpline **(1-800-662-HELP/4357; 1-800-487-4889 TDD)**

- The following organizations may be able to help you find other support and treatment resources in your local area:
  - National Drug Information Treatment and Referral Hotline: **1-(800)-662-HELP**
  - National Mental Health Association: **(703) 684-7722 voice, (800) 969-6642 info line**
  - National Health Information Center: **(800) 336-4797**

  - National Clearinghouse for Alcohol and Drug Information (NCADI): **1-(800)-729-6686**
  - National Mental Health Knowledge Exchange Network (KEN): **1-(800)-789-2647**
  - American Council on Alcoholism: **(703) 248-9005**

FINDING A JOB

Being prepared will improve your chances of finding a job.

1. Make sure your background information is accurate. Many companies do screenings that may include criminal record information.

• In the "Employment Screening" section of the following link, you can find reporting agencies that will give you a *free* report every 12 months: **http://files.consumerfinance. gov/f/201501_cfpb_list-consumer-reporting- agencies.pdf**

2. Outline steps for your job hunt by visiting the Department of Labor's "Career One Stop" at: **www.careeronestop.org**

• On this site, you can do everything from find trainings, resume guides, interview tips, to search job databases.

3. Create an "application package" by putting together a draft resume and collect the items you put together during Checklist #1 (certificates, activities you completed in prison, and letters of recommendation.)

4. Get some feedback on your resume and application package from someone who is trained to help individuals search, prepare for, and apply to jobs.

5. Search for jobs online at: **www.careeronestop.org/JobSearch/ findjobs/find-jobs.aspx**, but also connect with your local job center or employment assistance organization to learn more about tools that they have to find jobs.

• Many sites online list companies that have programs in which they hire individuals with conviction histories.

• **The National Employment Law Project (NELP)** lists the states that have "Banned the Box" or enacted Fair Hiring laws or policies. Go to: **www.nelp.org/publication/ ban-the-box-fair-chance-hiring-state-and-local-guide/** for more information.

6. Prepare for your interview by following tips at **http://www.careeronestop.org/JobSearch/ Interview/interview-and-negotiate.aspx**.

Some of the basics include:

• **Have a list of your strengths and be ready to talk about them.** What are you good at? What type of work do you enjoy? What experience or skills can you offer an employer?

• **Think** about how you will answer questions about your record.

• **Look** at common interview questions: **www. careeronestop.org/JobSearch/Interview/ common-interview-questions.aspx**.

• **Make sure you are clean and well-dressed.** A local community organization can help you with this.

• **Be on time.** Several days before, plan how you will travel to your interview and what time you will need to leave to arrive a few minutes early.

Resume Worksheet

The sample resume worksheets should be used as a guideline not a template. All the information listed may not be needed on every resume. Decide which information is best for you.

_____
NAME

_____
STREET ADDRESS

_____
CITY, STATE, ZIP CODE

_____
AREA CODE, TELEPHONE NUMBER

JOB OBJECTIVE:

_____
_____
_____
_____
_____

WORK EXPERIENCE:

_____ _____
JOB TITLE Name of Company / Contact Person

_____ _____
Dates Employed City, State, Zip Code

Duties _____
_____
_____
_____
_____

WORK EXPERIENCE:

_____ _____
JOB TITLE Name of Company / Contact Person

_____ _____
Dates Employed City, State, Zip Code

Duties _____
_____
_____
_____
_____

Resume Worksheet

WORK EXPERIENCE:

_____ _____
JOB TITLE Name of Company / Contact Person

_____ _____
Dates Employed City, State, Zip Code

Duties _____
_____
_____
_____
_____

EDUCATION:
HIGH SCHOOL _____
Name of School

_____ _____
Dates Attended City, State, Zip Code

_____
Major

COLLEGE _____
Name of School

_____ _____
Dates Attended City, State, Zip Code

_____
Major

CONTINUING EDUCATION:

_____
Name of School

_____ _____
Dates attended City, State, Zip Code

_____
Major

REFERENCES:

_____
_____
_____
_____

THE QUESTION!

The most difficult interview questions a formerly incarcerated individual will face is about his or her incarceration. The question can take many forms - some will be legal, and some may not be legal. Here are some questions that ex-offenders may be asked:

- *Have you ever been convicted of a felony?*
- *Have you ever been incarcerated?*
- *Why is there such a big gap in your work history?*
- *How can I be sure that you won't re-offend?*

As difficult as these questions are, ex-offenders can make them work to their advantage: in other words, turn a negative into a positive. The following are examples of how to respond.

1. Be honest about incarceration because probation and parole do checkup.

2. If asked, state charge only. Keep details of offense simple, no gory details. Try not to volunteer too much information.

3. Accept responsibilities of your offense. Don't make any excuses for behavior.

4. Talk in detail about how incarceration has taught you a lesson. I participated in programs (Parenting, Alternatives to Violence, etc.) I enrolled in education classes. I worked - dietary, maintenance and telemarketing. I participated in self-help programs throughout my sentence.

(Only make the statements if they are true)

5. If you are asked, "How do I know you won't re-offend?" List specific steps and support systems you have in place to prevent you from going back. I'm enrolled in an apprenticeship program. I will be reporting to a mentor. I will be attending counseling. I have a "plan of action." ***(Only make the statements if they are true)*** *Wrap-up the question by saying, "I made a mistake for which I paid for now I'd like to work for this company and offer these skills……..."*

Setting Up a Bank Account

Having a bank account with a debit card will really help to organize your finances. To learn more about how to select a checking account that is right for you, check out the **Consumer Financial Protection Bureau's (CFPB)** resource on this: **http://www. consumerfinance.gov/blog/guides-to-help-you-open-and-manage-your-checking-account/**

Most banks will require the following information to open an account:

- **Identification**: A valid, government-issued photo ID.
- **Personal information details**: Name, date of birth, address, phone number, and Social Security number.
- **Money**: Cash, a check, a money order, or funds you can electronically transfer into the new account.

Understanding Your Credit

You are entitled to a *free* copy of your **credit report**, once a year. Your credit report may be used for background screening for employment and housing. To order your free report:

- Online – **www.annualcreditreport.com**
- Phone – **1-877-322-8228**

BUDGET, BUDGET, BUDGET

What do I have?
Assets – bank accounts, car, house, investments

What do I owe?
Liabilities – loans, credit cards, utilities
If they are not, you will need to increase your assets or decrease your liabilities.

Salary should be more than expenses, but if not…

- **Increase salary**
- **Decrease expenses**

PERSONAL FINANCIAL STATEMENT (BI-WEEKLY)

BI-WEEKLY 1

Period Covered	mm/dd/yyyy - mm/dd/yyyy
Pay Cut-Off Date	mm/dd/yyyy

INCOME

ITEM	PROJECTED	ACTUAL	VARIANCE
Wages & Salaries	850	850	0
Rental Income	300	275	25
Bank Interest	60	55	5
			0
			0
			0
Total Income	**1,210**	**1,180**	**30**

EXPENSES

ITEM	PROJECTED	ACTUAL	VARIANCE
Bills	400	400	0
Groceries	25	20	5
IRA	25	25	0
Gas	25	30	(5)
Mortgage	1,200	1,200	0
Credit Cards	0	0	0
			0
			0
			0
			0
			0
			0
			0
			0
			0
			0
Total Expenses	**1,675**	**1,675**	**0**

BI-WEEKLY 2

Period Covered	mm/dd/yyyy - mm/dd/yyyy
Pay Cut-Off Date	mm/dd/yyyy

INCOME

ITEM	PROJECTED	ACTUAL	VARIANCE
Wages & Salaries	850	850	0
Business Income	750	700	50
			0
			0
			0
			0
Total Income	**1,600**	**1,550**	**50**

EXPENSES

ITEM	PROJECTED	ACTUAL	VARIANCE
Car Payment	400	400	0
IRA	25	25	0
Utility	25	30	(5)
Laundry	25	27	(2)
Loan	250	250	0
			0
			0
			0
			0
			0
			0
			0
			0
			0
			0
			0
Total Expenses	**725**	**732**	**(7)**

MONTHLY BALANCE SUMMARY

	PROJECTED	ACTUAL	VARIANCE
Total Income	**2,810**	**2,730**	**80**
Total Expenses	**2,400**	**2,407**	**(7)**
Balance	**410**	**323**	**73**

NOTE:

PERSONAL FINANCIAL STATEMENT (BI-WEEKLY)

BI-WEEKLY 1

Period Covered

Pay Cut-Off Date

INCOME

ITEM	PROJECTED	ACTUAL	VARIANCE
Wages & Salaries			
Rental Income			
Bank Interest			
Total Income			

EXPENSES

ITEM	PROJECTED	ACTUAL	VARIANCE
Bills			
Groceries			
IRA			
Gas			
Mortgage			
Credit Cards			
Total Expenses			

BI-WEEKLY 2

Period Covered

Pay Cut-Off Date

INCOME

ITEM	PROJECTED	ACTUAL	VARIANCE
Wages & Salaries			
Business Income			
Total Income			

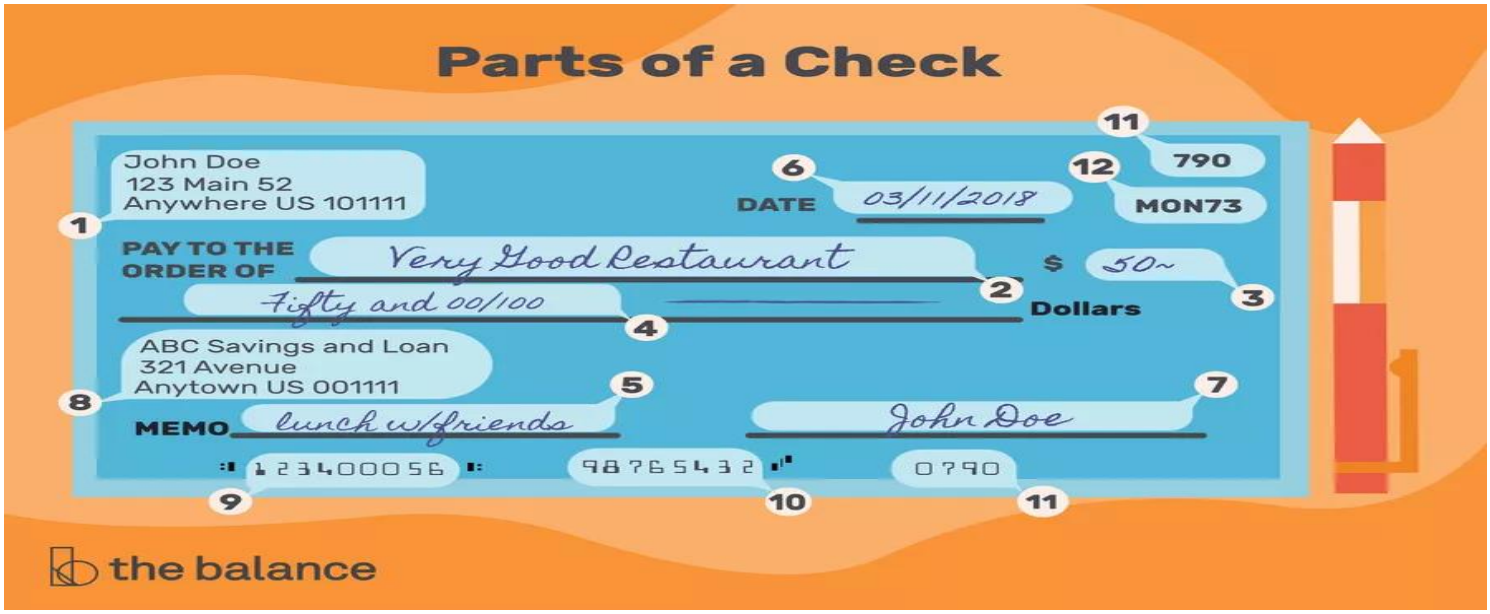
EXPENSES

ITEM	PROJECTED	ACTUAL	VARIANCE
Car Payment			
IRA			
Utility			
Laundry			
Loan			
Total Expenses			

MONTHLY BALANCE SUMMARY

	PROJECTED	ACTUAL	VARIANCE
Total Income	0	0	0
Total Expenses	0	0	0
Balance	0	0	0

NOTE:



1. **The personal information** section provides details about the account owner, who is the one paying money.

2. **The payee line** designates who can receive the money.

3. **The dollar box** displays the value of the check in numerical format.

4. **The amount of your check** is written out in this section using words instead of numbers.

5. **The memo line** is a space for any notes about the purpose of the check.

6. **The date line** serves as a timestamp for the check.

7. **The signature line** verifies that the account owner has approved the payment.

8. **Your bank's contact information** and/or logo is usually printed on the check.

9. **Your bank's** American Bankers Association (ABA) routing number tells banks where to find the funds for the check.

10. **Your account number** at your bank is another identifier that lets the recipient know where the money for the check will come from.

11. **The check number** (note that this appears in two places) is a security measure to identify each payment and prevent fraud.

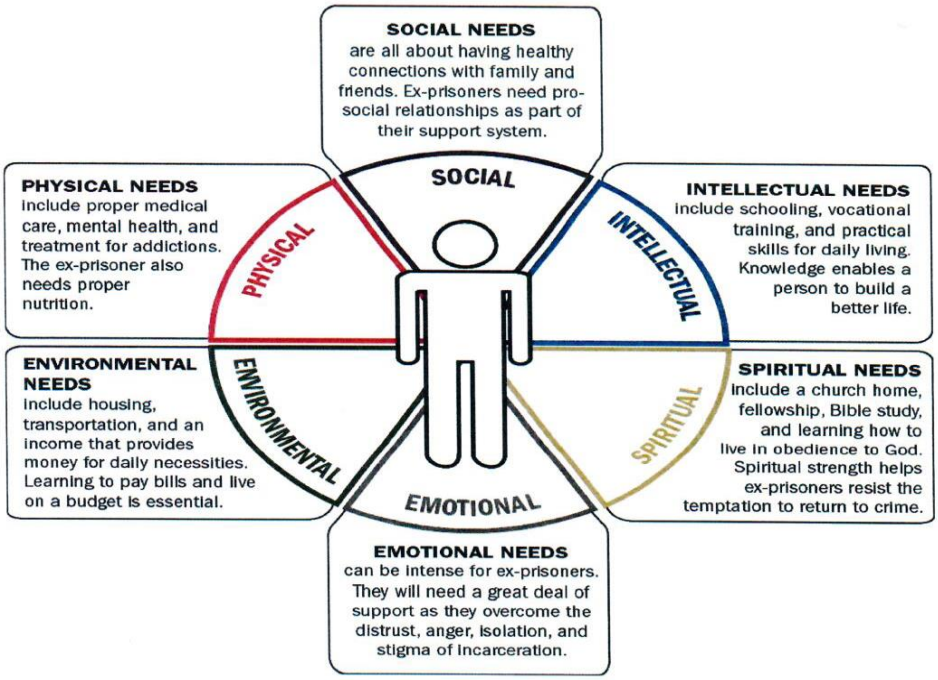
12. **Your bank's fractional ABA number** contains the same information as the ABA in list item 9, but it's often presented in another format in the upper right corner of the check, as well.

Division of Correction

6814 Princeton Pike
Pine Bluff, AR 71602
870-267-6999

Division of Community Correction

1302 Pike Ave
North Little Rock, AR 72114
501- 682-9510



Arkansas Division of Community Correction Parole and Probation Locations

Area Office 1

3416 N College Ave, Suite 3 Fayetteville, AR 72703
Telephone: (479) 443-8000
Fax: (479) 443-7099
Drug Court, Sex Offender Program, Substance Abuse Program

Washington County P&P Office
3416 N. College #3 Fayetteville AR 72703
phone: 479-443-8000 Fax: 479-443-7099

Benton County P&P Office
1001 W. Walnut Rogers AR 72756
phone: 479-878-2000 fax: 479-878-2001

Washington County Drug Court
10 S. College Ave, Fayetteville AR 72701
phone: 479-751-7513

Area Office 2

613 South Street Mountain Home, AR 72653
Telephone: (870) 425-9139
Fax: (870) 424-5880
Drug Court, Sex Offender Program, Substance Abuse Program

Mountain View PPO Office
301 Industrial Dr., Mountain View, AR 72560
Ph: (870) 269-5225; Fax: (870) 269-4880

Salem PPO Office
114 East Locust St., Salem, AR 72576
Ph: (870) 895-4411; Fax: (870) 895-4114

Melbourne PPO Office
15 Spring St., Suite A, Melbourne, AR 72556
Ph: (870) 368-4148; Fax: (870) 368-4142

Harrison PPO Office
2724 Airport Road, Harrison, AR 72601
Ph: (870) 741-3228 Fax: (870) 741-0028

Berryville PPO Office
504 Eureka St., Plaza Office Suites, Berryville, AR 72616
Ph: (870) 423-5695; Fax: (870) 423-5330

Area 2 *(Continued)*

Mountain Home PPO Office
613 South St., Mountain Home, AR 72653
Ph: (870) 425-9139; Fax: (870) 424-5880

Area Office 3

401 West Vine Searcy, AR 72143
Telephone: (501) 279-7990
Fax: (501) 279-9156
Drug Court, Sex Offender Program, Substance Abuse Program

Searcy PPO Office
401 W Vine St., Searcy, AR 72143
Ph: 501-279-7990 Fax: 501-279-3745

Lonoke PPO Office
104 North East Front Street, Lonoke, AR 72086
Ph: 501-676-3378 Fax: 501-676-3687

Batesville PPO Office
913 25th Street, Batesville, AR 72503
Ph: 870-793-7965 Fax: 870-793-6796

Newport PPO Office
2105 Malcolm Ave. Suite 109, Newport, AR 72112
Ph: 870-523-4191 Fax: 870-523-2557

Heber Springs PPO Office
1923 W Main, Heber Springs, AR 72543
Ph: 501-362-3229 Fax: 501-362-3472

Pocahontas PPO Office
304 W. Marr St., Pocahontas, AR 72455
Ph: 870-248-3330 Fax: 870-248-3332

Walnut Ridge PPO Office
1007 W Main, Walnut Ridge, AR 72476
Ph: 870-886-3553 Fax: 870-886-5488

Hardy PPO Office
210 W. Main, Hardy, AR 72542
Ph: 870-856-2651 Fax: 870-856-2784

Area Office 4

615 South Main Street Room 114 Jonesboro, AR 72401
Telephone: (870) 935-7290
Fax: (870) 972-0910
Drug Court, Sex Offender Program, Substance Abuse Program

Osceola Office
1351 Cyro Road, Osceola, AR 72370
Phone: 870-563-5366 | Fax: 870-563-6133

Jonesboro Office
615 South Main Street, Jonesboro, AR 72401
Phone: 870-935-7290 | Fax: 870-972-0910

Blytheville Office
845 East Main Street, Blytheville, AR 72315
Fax: 870-762-7744; (no main office number)

Paragould Drug Court
110 South Pruett Street, Paragould, AR 72450
Phone: 870-236-7500 | Fax: 870-236-7513

Paragould Office
1011 Morgan Street, Paragould, AR 72450
Phone: 870-239-3192 | Fax: 870-263-7513

Area Office 5

805 Garrison Ave., Fort Smith, AR 72901
Telephone: (479) 785-2664
Fax: (479) 782-3146
Officer Fax: (479) 424-0323
Drug Court Telephone: (479) 782-2123 Drug Court Fax: (479) 424-3535
Drug Court, Sex Offender Program, Substance Abuse Program

Booneville
57 W. 4th St., Booneville, AR 72927
Ph: (479) 675-3170; Fax: (479) 675-4084

Clarksville
114 S. Fulton St., Clarksville, AR 72830
Ph: (479) 754-6200; Fax: (479) 754-6497

Area 5 (Continued)

Mena Office
500 DeQueen St., Mena, AR 71953
Ph: (479) 394-4107; Fax: (479) 394-4680

Ozark PPO Office
200 S. 4th St., Ozark, AR 72949
Ph: (479) 508-6022; Fax: (479) 508-6044

Area Office 6

707 Robins, Suite 102 Conway, AR 72034
Telephone: (501) 327-3256
Fax: (501) 327-3299
Drug Court, Sex Offender Program, Substance Abuse Program

Conway PPO Office
707 Robins, Suite 102, Conway, AR 72034
Ph: (501) 327-3256; Fax: (501) 327-3299

Danville PPO Office
308 W. Main Street
Danville, AR 72833
Phone: 479-495-4141/Fax: 479-495-4144

Morrilton PPO Office
601 S Moose, Morrilton, AR 72110
Ph: (501) 354-2164; Fax: (501) 354-2399

Russellville PPO Office
1509 E. Main Russellville, AR 72801
Ph: (479) 968-5154; Fax: (479) 890-6854

Area Office 8

North Little Rock Parole & Probation Office
Supervision of all in Pulaski County
1302 Pike Avenue, Suite A North Little Rock, AR 72114
Telephone: (501) 371-1090
Fax: (501) 371-0503 or (501) 371-1567
Sex Offender Program, Substance Abuse Program

Area Office 9

228 W. Tyler, 2nd Floor, West Memphis, AR 72301
Telephone: (870) 735-4486
Fax: (870) 735-4570
Drug Court, Sex Offender Program, Substance Abuse Program

Forrest City Office
409 N. Rosser, Forrest City, AR 72335
(870) 630-1667

Helena-West Helena Office
421 Perry, Helena/West Helena, AR 72342
Phone: (870) 338-8931
Fax: (870) 338-8946

West Memphis Office
228 W. Tyler, 2nd Floor West Memphis, AR 72301
Phone: (870) 735-4486
Fax: (870) 735-4570

Area Office 10

615 West Grand, Suite 2 Hot Springs, AR 71901
Telephone: (501) 624-3347
Fax: (501) 624-5057
Drug Court, Sex Offender Program, Substance Abuse Program

Arkadelphia Office
911 S Main Arkadelphia Arkansas 71923
Phone: (870) 246-5960 Fax: (501) 337-9673

Benton Office
306 Edison, Suite 3, Benton, AR 72015
Phone501.315.4477 Fax 501.778.7825

Area 10 (Continued)

Malvern Office
27 W Page Malvern, Arkansas 72104
Phone: (501) 337-7973 Fax: (501) 991-9673

Area Office 11

2801 South Olive, Suite 6-D Pine Bluff, AR 71603
Telephone: (870) 850-8950
Fax: (870) 536-4924
Drug Court, Sex Offender Program, Substance Abuse Program

El Dorado
(870) 875-8903

Pine Bluff Office
2801 S. Olive Street, Suite 6D, Pine Bluff, AR 71603
Fax (870)-536-5091(Back Hall) & 870-536-4924(Copy Room

Stuttgart Office
112 South Main Stuttgart, AR 72160 Stuttgart, AR 72160
Telephone: (870) 673-8410
Fax: (870) 673-2068
Drug Court, Sex Offender Program, Substance Abuse Program

Crossett Office
613 West First Ave Crossett, AR 71635
Telephone: (870) 304-2507
Fax: (870) 304-2607
Sex Offender Program, Substance Abuse Program

Monticello Office
309 Hwy 425 South Monticello, AR 71655
Telephone: (870) 367-3201
Fax: (870) 367-2855
Drug Court, Sex Offender Program, Substance Abuse Program

Area Office 12

601 Hazel, Suite 6 Texarkana, AR 71854
Telephone: (870) 779-2000
Fax: (870) 779-2043
Drug Court, Sex Offender Program, Substance Abuse Program

Hope Office
(903) 733-3389

Ashdown Office
(870)557-0024

Nashville Office
(870)557-2455

Fordyce Office
(870)-636-4414
Camden Office
(870-555-1400

Magnolia Office
(870)235-7704

Sex Offender Services

Area Office
3416 N College Ave Fayetteville, AR 72703
Telephone: (479) 443-8000
Fax: (479) 443-7099
Sex Offender Program

RESOURCES

- Association for the Treatment of Sexual Abusers www.atsa.com
- National Adolescent Perpetration Network www.kempe.org/napn/
- Center for Sex Offender Management www.csom.org
- National Center on Sexual Behavior of Youth www.ncsby.org/
- STOP IT NOW! www.stopitnow.com/
- The Safer Society Foundation www.safersociety.org/
- National Crime Victims Research and Treatment Center colleges.musc.edu/ncvc/

Arkansas Division of Community Correction
Licensed Transitional Housing

Organization Name	Intake Info.	Address	Phone
CASA Women's Shelter	Women & Children	1113 State Street Pine Bluff, AR 71611	870-535-2955
Cornerstone Transition Home	Women	324 Jackson 248 Newport, AR 72112	870-217-0489
Covenant Recovery	Male	3201 W. Pullen St. Pine Bluff, AR 71601	(870)619-4805
Freshly Renewed Transitional Stanton	Male	8104 Stanton Rd Little Rock, AR 72209	501-663-0708
Freshly Renewed Transitional Elm	Male	1423 South Elm St Little Rock, AR 72204	501-663-0709
Freshly Renewed Transitional Hope	Female	3517 W. 25th Street Little Rock, AR 72204	501-663-0710
Margie's' House	Female	5830 Hwy 65 S. Pine Bluff, AR 71601	870-536-1600
Phoenix Recovery Inc.	Male	1224 Jersey Street Conway, AR 72032	501-499-6696
Phoenix Recovery, Inc. for Women	Female	1900 W. Markham Little Rock, AR 72201	501-412-6225
Phoenix Recovery Center NWA	Male	703 North Thompson St. Springdale, AR 72764	479-751-3946
Quality Living Center 1	Male	3925 Asher Street Little Rock, AR 72204	501-663-3490
Quality Living Center 2	Female	2900 South Cedar Street Little Rock, AR 72204	501-663-3490
Safe Harbor	Male	4800 Confederate Blvd. Little Rock, AR 72206	501-374-5399
Shalom Recovery Center	Female	2375 East Grand Ave. Hot Springs, AR 71901	501-625-3811
Shalom Recovery Center	Male	2446 E. Grand Ave. Hot Springs, AR 71901	501-781-1640
Sober Living	Male	4201 John Barrow Little Rock, AR 72204	501-562-0507
Sobriety Living Center	Male	2100 West 5th Street Pine Bluff, AR 71601	870-535-1111
Transitions Faith Based Therapeutic Community	Male	7615 Dan Thomas Road Little Rock, AR 72206	501-406-7109
Treatment and VA only			
Recovery Center of Arkansas River Bend	Male & Female	1201 River Road Little Rock, AR 72114	501-372-4611
Recovery Center of Arkansas Williamsburg	Male & Female	6301 Father Tribou Little Rock, AR 72205	501-614-4900
St. Francis House	Male	2701 S. Elm Street Little Rock, AR 72204	501-664-5036

Arkansas Community Mental Health Centers Contact Information

CMHC	ADDRESS/PHONE NUMBER
Community Counseling Services, Inc	505 West Grand Avenue Hot Springs – 501-624-7111
Counseling Associates, Inc	350 Salem, Suite 1 Conway, Arkansas 72032 (501) 427-4889
Counseling Clinic, Inc.	307 East Sevier Street Benton, Arkansas 72015 (501) 315-4224
Counseling Services of Eastern Arkansas	2707 Browns Lane Jonesboro, Arkansas 72401 (870) 972-4000
Delta Counseling Associates	790 Roberts Drive - Drawer A Monticello, Arkansas 71655 (870) 367-9732
Little Rock Community Mental Health Center	4400 Shuffield Drive P.O. Box 250337 Little Rock, Arkansas 72225 (501) 686-9300
Mid-South Health Systems, Inc.	2707 Browns Lane Jonesboro, Arkansas 72401 (870) 972-4000
Health Resources of Arkansas	25 Gap Road P.O Box 2578 Batesville, Arkansas 72503 (870) 793-8900

Arkansas Community Mental Health Centers Contact Information

CMHC	ADDRESS/PHONE NUMBER
Ozark Counseling Services, Inc.	8 Medical Plaza P.O. Box 1776 Mountain Home, Arkansas 72654 (870) 425-7929
Ozark Guidance Center, Inc.	2400 South 48th Street P.O. Box 6430 Springdale, Arkansas 72766 (479) 750-2020
Professional Counseling Associates	One Financial Center, Suite 217 650 South Shackleford Road Little Rock, Arkansas 72221 (501) 221-1843
South Arkansas Regional Health Center	715 North College El Dorado, Arkansas 71730 (870) 862-7921
Southeast Arkansas Behavioral Healthcare System	2500 Rike Drive P.O. Box 1019 Pine Bluff, Arkansas 71613 (870) 534-1834
Southwest Arkansas Counseling and Mental Health Center, Inc.	P.O. Box 1987-75504 2904 Arkansas Boulevard Texarkana, Arkansas 71854 (870) 773-4655
Western Arkansas Counseling and Guidance Center	P.O. Box 11818 3111 South 70th Street Fort Smith, Arkansas 72917 (479) 452-6650

Public Transportation
Urbanized Public Transit Systems
Directory (2019)

Fort Smith Transit – 6821 Jenny Lind Road, Fort Smith, AR 72902
Phone: 479-783-6464
E-mail: transit@fortsmithar.gov
Website: www.fortsmithar.gov/index.php/departments/transit

Hot Springs Intracity Transit - 100 Broadway Terrace Hot Springs, AR 71901
Phone: 501-321-2020
E-mail: kjones@cityhs.net
Website: www.cityhs.net/164/Intracity-Transit

Jonesboro Economical Transportation (JET) - 2605 Lacy Drive P.O. Box 1845 Jonesboro, AR 72403
Phone: 870-935-5387
E-mail: mblack@jonesboro.org
Website: www.ridejet.org

Ozark Regional Transit (ORT) - 2423 East Robinson Ave. Springdale, AR 72764
Phone: 479-756-5901 ext. 8742
E-mail: jgardner@ozark.org
Website: www.ozark.org

Pine Bluff City Transit - 2300 East Harding Pine Bluff, AR 71601
Phone: 870-543-5130
E-mail: cshaw@cityofpinebluff.com
Website: www.cityofpinebluff.com/pine-bluff-transit

Razorback Transit - 280 Eastern, BUSB Fayetteville, AR 72701
Phone: 479-575-6292
E-mail: ewaddel@uark.edu
Website: http://parking.uark.edu

Rock Region Metropolitan Transit Authority - 901 Maple Street North Little Rock, AR 72114
Phone: 501-375-6717
E-mail: info@rrmetro.org
Website: www.rrmetro.org

Texarkana Urban Transit District(T-Line) - 1402 Texas Blvd Texarkana, TX 75501
Phone: 903-255-3553
E-mail: mcompton@atcog.org
Website: www.t-linebus.org

Public Transportation
Rural Public Transit Systems
Directory (2019)

Black River Area Development (BRAD) – "Go With Us Ride The Bus"
1403 Hospital Drive Pocahontas, AR 72455-3847
Phone: 870-892-4547
E-mail: ppenn@bradcorp.org
Website: www.blackriverareadevelopment.com/publictransit.php

Central Arkansas Development Council / South Central Arkansas Transit (CADC/SCAT)
722 Gaunt Street Benton, AR 72018
Phone: 501-332-5426
E-mail: cdedman@cadc.com
Website: www.cadc.com/service/public-transportation

Eureka Springs Transit – "The Best Way To See Eureka Springs!"
137 W. Van Buren Eureka Springs, AR 72632-3650
Phone: 479-253-9572
E-mail: smitty@cityofeurekasprings.org
Website: www.eurekatrolley.org

Mid-Delta Transit – "Bringing People Together"
610 South Biscoe Helena-West Helena, AR 72342-0745
Phone: 870-338-6406
Email: bsalter@m-dcs.com
Website: www.middeltacommunityservices.org/Transit.html

North Arkansas Transportation Service (NATS)
108 Sisco Avenue Harrison, AR 72601
Phone: 870-741-6650
E-mail: jchisum@nwaedd.org
Website: http://nwaedd.org/transportation

Northeast Arkansas Transportation (NEAT)
2401 Fox Meadow Lane Jonesboro, AR 72401
Phone: 870-932-0836 or 1-800-336-3691
E-mail: jennifer@crdcnea.com
Website: https://crdcnea.org/services-programs/north-eastarkansas-transit-neat

Ozark Regional Transit (ORT)
2423 East Robinson Ave. Springdale, AR 72764
Phone: 479-756-5901 ext. 8742
Fax: 479-756-2901
E-mail: jgardner@ozark.org
Website: www.ozark.org

Southeast Arkansas Transportation (SEAT) – "Safety is #1"

709 E. 8th Street Pine Bluff, AR 71611-8569
Phone: 870-543-6225
E-mail: tbarr@aaasea.org
Website: www.aaasea.org/transportation-services

Western Transit System (WTS)

524 Garrison Avenue Fort Smith, AR 72901
Phone: 479-783-4500 ext. 2211
E-mail: pjoplin@agingwest.org
Website: https://agingwest.org/transportation

- **Veteran need help with a claim?**
  - The closest Regional Office is located at 2200 Fort Roots Drive, North Little Rock, AR 72114; Building 111. Regional Office is open 8 a.m. – 5 p.m., Monday – Friday, excluding Federal Holidays. You may mail claims to the above address.
  - County Veteran Service Officers can be found at http://Veterans.arkansas.gov/benefits. This is good for making contacts.
  - Veterans also can check the status of their claims and obtain benefits information from 1-800-827-1000.

- **Most commonly requested items:**
  - Statement in Support of Claim (for address change and other updates for claims): VA form 21-4138
  - Compensation Application: https://www.vba.va.gov/pubs/forms/VBA-21-526EZ-ARE.pdf
  - Pension Application: http://www.vba.va.gov/pubs/forms/VBA-21P-527EZ-ARE.pdf
  - DD214 or Request Records Online: Request Military Service Records National Archives
  - Internet to file: https://www.vba.va.gov/pubs/forms/VBA-21-0966-ARE.pdf

- **General Claims Information:** www.va.gov
  - Allows the Veteran to view claim status, updated direct deposit, apply for VA/DOD benefits, view or update Compensation and Pension (C&P) claims, upload documents to support claims, order prescription medications, send a message to a provider, etc. va.gov also provides a list of links to other sites that provide information about military and veteran benefits and services and allows for Veterans to manage VA records with online convenience.

REENTRY SERVICES

Goodwill provides services to individuals who are reentering the workforce and community after a period of incarceration. Our staff understands the challenges and offers a supportive environment. The reentry program provides assistance in:

- **Building a resume.**
- **Obtaining community support services.**
- **Gaining job readiness skills.**
- **Acquiring Career Readiness Certification.**
- **Obtaining interview skills.**
- **Receiving job search assistance and job leads.**

Transitional Employment Opportunity (TEO)

TEO participants can gain marketable skills and develop positive work behaviors to help prepare for competitive employment. The TEO program offers:

- 16-week paid job training program.
- Employability assessment.
- Barrier assessment and removal strategies.
- Soft skills training.
- Career planning and job search assistance.
- Resume and letter of explanation development.
- Referral services to community resources and programs.

- Fayetteville

  Reentry Services

  Phone: 479.575.9592

  705 E Appleby Rd, Fayetteville, AR 72703, USA

- Fort Smith

  Reentry Services

  Phone: 501-517-7765

  3225 S 74th St, Fort Smith, AR 72903, USA

REENTRY SERVICES

- Jonesboro

  Reentry Services

  Phone: 870-268-0443

  1515 S Caraway Rd, Jonesboro, AR 72401, USA

- Little Rock

  Reentry Services

  Phone: 501-372-5100 x1183

  7400 Scott Hamilton Dr, Little Rock, AR 72209, USA

- Little Rock

  109 Markham Park Dr, Little Rock, AR 72211, USA

- Pine Bluff

  Reentry Services

  Phone: 870-850-0211

  2514 W 28th Ave, Pine Bluff, AR 71603, USA

- Springdale

  Reentry Services

  Phone: 479-287-5870

  5252 W Sunset Ave, Springdale, AR 72762, USA

- Rogers

  Reentry Services

  Phone: 501-351-8016

  4301 S Dixieland Rd, Rogers, AR 72758, USA

Individuals interested in enrolling in this program should complete our interest form.

Contact us at 877-372-5151 or TEO@GoodwillAR.org to make an appointment with one of our reentry program specialists.

CAREER SERVICES

Goodwill's career services offer free services to help you build your future. Services are available through our **career portal** and in-person. Goodwill computer labs are available at nine locations across the state.

Goodwill has helped thousands of Arkansans find jobs. Get started on your pathway to a new career today!

CAREER SERVICES INCLUDE:

- Interview preparation.
- Job readiness training.
- Career assessment.
- Resume assistance.
- Career guidance.
- Job search assistance.

- Batesville

  Phone: 870-569-4030

  Mon–Fri | 9 am–5 pm

  3209 Harrison St, Batesville, AR 72501, USA

- Conway

  Phone: 501-340-0038

  Mon–Fri | 9 am–5 pm

  245 Oak St, Conway, AR 72032, USA

- El Dorado

  Phone: 870-444-6820

  Mon–Fri | 9 am–5 pm

  1430 N West Ave, El Dorado, AR 71730, USA

- Fort Smith

  Phone: 479-434-4739

  Mon–Fri | 9 am–5 pm

  3225 S 74th St, Fort Smith, AR 72903, USA

CAREER SERVICES

- Hot Springs

  Phone: 501-525-4447

  Mon–Fri | 9 am–5 pm

  National Park, 205 Garrison Rd, Hot Springs, AR 71913, USA

- Jonesboro

  Phone: 870-268-0443

  Mon–Fri | 9 am–5pm

  1515 S Caraway Rd, Jonesboro, AR 72401, USA

- Little Rock

  Phone: 501-372-5100 x1250

  Mon–Fri | 9 am–5 pm

  7400 Scott Hamilton Dr, Little Rock, AR 72209, USA

- Rogers

  Phone: 479-335-5595

  Mon–Fri | 9 am–5 pm

  1301 N Dixieland Rd, Rogers, AR 72756, USA

- Springdale

  Please make an appointment.

  Phone: 479-927-0114

  Mon–Fri | 9 am–5 pm

  5252 W Sunset Ave, Springdale, AR 72762, USA

FOR MORE INFORMATION OR ASSISTANCE:

Gina Wells
South Arkansas Career Services Manager
7400 Scott Hamilton Dr.
Little Rock, AR 72209
501.372.5100 ext. 1216 – office
501.519.7385 – cell

Brittany Fuhrmann
North Arkansas Career Services Manager
1515 S. Caraway Rd
Jonesboro, AR 75401
870-268.0443 - office
501.295.8331 - cell

Celebrate Recovery bills itself as a Christ-centered 12-step program.

It started in California in 1991, when founder John Baker had a vision. “We are all broken. We have all sinned. … We are all struggling with a hurt, habit or hang-up,” he told the *Los Angeles Times* in 1999. He wanted the church to serve as a “safe place” for people to find and accept Christ’s healing power.

Fast forward to the present: there are now 35,000 Celebrate Recovery locations dotting the globe. Most are in churches, but members also meet in prisons, recovery houses, rescue missions, and universities. Kits with workbooks and other materials are available for any group wanting to start their own chapter.

About one-third of Celebrate Recovery’s members are there for drug or alcohol addiction. People struggling with other issues are welcome, too, including:

-Anxiety

-Codependence

-Compulsive behaviors

-Eating disorders

-Gambling addiction

-Sex addiction

Arkansas
Celebrate Recovery Directory

Batesville
3645 North St. Louis Street, Batesville AR 72501
Day Group Meets: Friday
Time Group Starts: 7:00 p.m.

Benton
Midtowne Church
4037 Boone Rd, Benton AR 72015
Day Group Meets: Friday
Time Group Starts: 6:00 p.m.

Bentonville
Catalyst Church
2812 East Central Ave, Bentonville AR 72712
Day Group Meets: Tuesday
Time Group Starts: 6:30 p.m.

Cherokee Village
Cherokee Village United Methodist Church
21 Otter Drive, Cherokee Village AR 72529
Day Group Meets: Friday
Time Group Starts: 7:00 p.m.

Conway
Mosaic Church
701 Polk Street, Conway AR 72032
Day Group Meets: Monday
Time Group Starts: 6:15 p.m.

Conway
One Church
1073 Front Street, Conway, AR 72302
Day Group Meets: Thursday
Time Group Starts: 6:45 p.m.

Fayetteville
Central United Methodist Church
19 W Lafayette, Fayetteville AR 72702
Day Group Meets: Thursday
Time Group Starts: 6:00 p.m.

Christian Life Cathedral
1285 Milsap Rd, Fayetteville AR 72703
Day Group Meets: Tuesday
Time Group Starts: 6:30pm

New Heights Church
560 N. Rupple, Fayetteville AR 72704
Day Group Meets: Sunday
Time Group Starts: 6:00 p.m.

Trinity Fellowship
1100 Rolling Hills Drive, Fayetteville AR 72703
Day Group Meets: Friday
Time Group Starts: 7:00pm

Foreman
Foreman United Methodist Church
220 Nth Bell Street, Foreman AR 71836
Day Group Meets: Tuesday
Time Group Starts: 6:00 p.m.

Fort Smith
Cavanaugh Church
2825 Grinnell Avenue, Fort Smith AR 72908
Day Group Meets: Monday
Time Group Starts: 5:30 p.m.

Community Bible Church
9201 Dallas Drive, Fort Smith 72903
Day Group Meets: Thursday
Time Group Starts: 6:00pm

Greenwood
First Baptist Church - Greenwood
19 S. Adair Street, Greenwood AR 72936
Day Group Meets: Tuesday
Time Group Starts: 6:00 p.m.

Gurdon
Faith Mission
202 S. Front Street, Gurdon AR 71743
Day Group Meets: Friday
Time Group Starts: 7:00 - 9:00 pm

Heber Springs
New Life Church
1540 Bypass Road, Heber Springs AR 72543
Day Group Meets: Monday
Time Group Starts: 6:30 p.m.

Arkansas
Celebrate Recovery Directory

Hope
Unity Baptist Church
402 S. Harvey Street, Hope AR 71801
Day Group Meets: Thursday
Time Group Starts: 7:00 p.m.

Hot Springs
Lake Valley Community Church
916 Shady Grove Road, Hot Springs AR 71901
Day Group Meets: Monday
Time Group Starts: 6:00 p.m.

Lake Pointe Church
1343 Albert Pike Rd, Hot Springs AR 71913
Day Group Meets: Thursday
Time Group Starts: 5:30 p.m.

Jonesboro
Huntington Church
901 Huntington Ave, Jonesboro AR 72401
Day Group Meets: Wednesday
Time Group Starts: 6:00 PM

Jonesboro
Nettleton Baptist Church
4701 E. Nettleton, Jonesboro AR 72401
Day Group Meets: Friday
Time Group Starts: 6:00 PM

Southwest Church of Christ
1601 James Street, Jonesboro AR 72401
Day Group Meets: Tuesday
Time Group Starts: 6:00pm

The Rock of NEA
4318 E. Johnson, Jonesboro, AR 72401
Day Group Meets: Monday
Time Group Starts: 6:00pm
Celebration Place: n/a

Lake City
Refuge General Baptist Church
5002 Highway 18, Lake City, AR 72437
Day Group Meets: Friday
Time Group Starts: 6:00 p.m.

Arkansas
Celebrate Recovery Directory

Little Rock
The Church at Rock Creek
11500 West 36th Street Little Rock, AR 72211
Day Group Meets: Tuesday
Time Group Starts: 7:00 p.m.

Lonoke
New Testament Missionary Baptist
1601 Lincoln Street, Lonoke AR 72086
Day Group Meets: Monday
Time Group Starts: 7:00 p.m.

Malvern
Gilead Baptist Church
2824 Dyer Street, Malvern AR 72104
Day Group Meets: Wednesday
Time Group Starts: 5:30 p.m.

Marion
Marion Church of God
1747 Highway 47, Marion AR 72364
Day Group Meets: Thursday
Time Group Starts: 6:30 p.m.

Mountain Home
First Christian Church
2338 Highway 62, Mountain Home AR 72653
Day Group Meets: Thursday
Time Group Starts: 6:30 p.m.

North Little Rock
First Assembly North Little Rock
4501 Burrow Drive, NLR AR 72116
Day Group Meets: Thursday
Time Group Starts: 6:45 p.m.

North Little Rock
First Free Will Baptist Church
2001 Parkway, NLR AR 72118
Day Group Meets: Monday
Time Group Starts: 7:00 p.m.

Paragould
Southside Community Church
211 Jones Road, Paragould AR 72450
Day Group Meets: Friday
Time Group Starts: 6:30 p.m.

Arkansas
Celebrate Recovery Directory

Pocahontas
Grace Family Worship
3128 Highway 15, Pocahontas, AR 72455
Day Group Meets: Thursday
Time Group Starts: 6:45 p.m.

Prescott
Celebrate Recovery - Prescott
323 Elm Street, Prescott, AR 71857
Day Group Meets: Tuesday
Time Group Starts: 7:00 p.m.

Rogers
Fellowship Bible Church
1051 Pleasant Grove, Rogers AR 72758
Day Group Meets: Friday
Time Group Starts: 6:00pm

Russellville
First Baptist Church Russellville
200 South El Paso, Russellville AR 72801
Day Group Meets: Monday
Time Group Starts: 6:15 p.m.

New Life Church Russellville
130 E. Harrell Drive, Russellville AR 72801
Day Group Meets: Thursday
Time Group Starts: 6:30 p.m.

Sherwood
Brockington Road Church of the Nazarene
9860 Brockington Road, Sherwood, AR 72120
Day Group Meets: Monday
Time Group Starts: 7:00 p.m.

Siloam Springs
Siloam Springs First Assembly of God
927 South Oak Hill Street, Siloam Springs, AR 72761
Day Group Meets: Thursday
Time Group Starts: 6:30 p.m.

Springdale
Cross Church
1709 Johnson Road, Springdale AR 72762
Day Group Meets: Wednesday
Time Group Starts: 6:30 PM

Robinson Ave Church of Christ
1506 W. Robinson Ave, Springdale AR 72764
Day Group Meets: Thursday
Time Group Starts: 7:00 p.m.

If you do not see your city listed, please go to:
sunshinebehavioralhealth.com/dir/free/resource/cr/united-states/arkansas/

How to obtain your Birth Certificate

ORDER BIRTH RECORDS

ADH is pleased to offer vital records services in every county. Click here to see your Local Public Health Unit.

Q: How much do birth certificates cost? ORDER NOW

The cost of a birth record is $12.00 for the first copy and $10.00 for each additional copy of the same record that is ordered at the same time. If you choose to order online through Vital Records, a $5.00 standard processing fee and a $1.85 non-refundable identity verification fee will be charged in addition to the cost of any expedited shipping options you select. If no record is found or no copy is made, state law requires that we keep $12.00 for a search fee. The processing fee for online orders is also non-refundable. However, you will receive a refund of any amount you paid apart from these fees.

Q: How can I obtain a birth certificate?

Eligible individuals (click here to see the list of eligible individuals) may order a birth certificate by any of the following methods:

Online: You may order a copy of a birth record online in minutes through Vital Records. Multiple expedited shipping options are available through this service. Pay the service fee, certificate fee, and charges for any expedited shipping options by debit or credit card (Visa, Mastercard, Discover, or American Express). Requests typically take 7-14 business days from the date your order is approved plus additional shipping time.

By Mail: You may order a certified copy of the birth record by mailing in a completed application (available here or from your local health unit) a check or money order made out to Arkansas Department of Health (no cash or temporary checks), and a copy or copies of acceptable ID to:

Arkansas Department of Health

Vital Records, Slot 44

4815 West Markham Street

Little Rock, AR 72205

Please allow 10-14 days for processing, in addition to mail delivery time.

Walk-in: You may order a certified copy of the birth record by coming into the Arkansas Department of Health's vital records office. The office is located at 4815 West Markham St. Little Rock, AR 72205, across the street from War Memorial Stadium, and is open Monday through Friday, 8:00 A.M. until 4:30 P.M. The office is closed on state holidays. Most certificate requests can be fulfilled the same day for customers arriving by 4:00 P.M., provided they are eligible to receive the certificate requested and have all the required information, including acceptable ID (see above). However, same day service is not guaranteed for non-routine requests such as certificate

corrections, court orders, paternity affidavits, and genealogical requests prior to 1935. Customers who arrive in the office after 4:00 P.M. may pick up their request the following day or may ask that it be mailed. Walk-in payment options are cash, credit or debit cards, or a check or money order made out to Arkansas Department of Health (no temporary checks are permitted).

Telephone: You may order a copy of the birth record via telephone toll-free at (866) 209-9482. Multiple expedited shipping options are available through this service. Payment of service fee, certificate fee, and charges for any expedited shipping options may be made by debit or credit card (Visa, MasterCard, Discover, or American Express).

Q: Who should I contact with additional questions about ordering a birth certificate?

If you have questions on registering, amending, or obtaining copies of vital records, please contact the Arkansas Department of Health Vital Records Office at: adh.VitalRecords@arkansas.gov

Office hours are Monday through Friday, 8:00am to 4:30pm, with the exception of state holidays.

If you are having technical difficulties, click here, and fill out the online form and submit.

Q: How can I check on the status of my vital record order?

To obtain the status of an order you have submitted, use the "Check Order Status" service. Simply enter your confirmation number to view your status.

Locations throughout Arkansas:

Arkansas Department of Health-Little Rock

4815 W. Markham St.

Little Rock, Arkansas 72205

(501) 661-2000

Jefferson County Health Department

2306 Rike Dr.

Pine Bluff, Arkansas 71603

(870) 535-2142

Arkansas County Health Unit

1602 N. Buerkle St.

Stuttgart, Arkansas 72160

(870) 659-2086

Saline County Health Department

1612 Edison Avenue

Benton, Arkansas 72015

(501) 303-5650

Arkansas County Health Department

1616 South Madison St.

DeWitt, Arkansas 72042

(870) 659-2056

Garland County Health Department

1425 Malvern Avenue

Hot Springs, Arkansas 71901

(501) 624-0466

Pulaski County Health Unit-Central Little Rock

3915 West 8th St.

Little Rock, Arkansas 72204

(501) 280-3100

Craighead County Health Department

611 East Washington Avenue

Jonesboro, Arkansas 72401

(870) 933-4585

North Little Rock Health Department

2800 Willow St.

North Little Rock, Arkansas 72114

(501) 791-8551

Hot Springs County Health Department

2204 Sullenberger Avenue

Malvern, Arkansas 72104

(501) 332-6972

Lonoke County Health Department

306 North Center St.

Lonoke, Arkansas 72086

(501) 676-2268

Prairie County Health Department

204 Main St.

Des Arc, Arkansas 72040

(870) 256-4430

Washington County Health Department

3270 North Wimberly Drive

Fayetteville, Arkansas 72703

(479) 521-8181

Faulkner County Health Department

811 North Creek Drive

Conway, Arkansas 72032

(501) 450-4941

Boone County Health Department

1622 Campus Drive

Harrison, Arkansas 72601

(870) 743-5244

Benton County Health Office

1200 West Walnut St. #2200

Rogers, Arkansas 72756

(479) 986-1300

Desha County Health Unit

751 US-65

Dumas, Arkansas 71639

(870) 382-2377

Scott County Health Department

10 South Main St.

Waldron, Arkansas 72958

(479) 637-2165

Drew County Public Health Department

940 Scogin Drive

Monticello, Arkansas 71655

(870) 367-6234

Ashley County Health Unit

1300 West 5th St.

Crossett, Arkansas 71635

(870) 364-2115

Sharp County Health Unit

Ash Flat, Arkansas 72513

(870) 994-7364

Searcy County Health Department

742 Airport Road

Marshall, Arkansas 72650

(870) 448-3374

Pulaski Southwest Health Unit

8901 Dailey Drive

Little Rock, Arkansas 72209

(501) 565-9311

Independence County Health Unit

120 Weaver Avenue

Batesville, Arkansas 72501

(870) 793-8848

Phillips County Health Unit

110 Shirley Hicks Drive

Helena, Arkansas 72342

(870) 572-9028

Conway County Health Department

100 Hospital Drive

Morrilton, Arkansas 72110

(501)354-4652

Fulton County Health Unit

510 South Main St.

Salem, Arkansas 72576

(870) 895-3300

Montgomery County Health Unit

346 Luzeme St.

Mt. Ida, Arkansas 71957

(870) 867-2331

Nevada County Health Department

1501 West 1st St. N.

Prescott, Arkansas 71857

(870) 887-2004

Baxter County Health Unit

206 Bucher Drive

Mountain Home, Arkansas 72653

(870) 425-3072

Pope County Health Unit

203 Weir Road

Russellville, Arkansas 72801

(479) 968-6004

Cleveland County Health Unit

409 Magnolia St.

Rison, Arkansas 71665

(870) 325-6311

Franklin County Health Department

509 North 29th St.

Ozark, Arkansas 72949

(479) 667-2555

Crittenden County Health Department

901 North 7th St.

West Memphis, Arkansas 72301

(870) 735-4334

Cross County Health Department

701 Julia Avenue

Wynne, Arkansas 72396

(870) 238-2101

Grant County Home Health

700 East Center St.

Sheridan, Arkansas 72150

(870) 942-3157

Lincoln County Health Department

214 South Lincoln Avenue

Star City, Arkansas 71667

(870) 628-5121

Ashley County Home Health

401 North Cherry St.

Hamburg, Arkansas 71646

Clay County Health Unit

1009 South Garfield Avenue

Piggott, Arkansas 72454

(870) 598-3390

Jackson County Home Health

1505 North Pecan St.

Newport, Arkansas 72112

(870) 523-8968

Carroll County Health Unit

402 Hailey Road

Berryville, Arkansas 72616

(870) 423-2923

Madison County Health Unit

709 North College St.

Huntsville, Arkansas 72740

(479) 738-2612

Arkansas Department of Health

6 Professional Park Drive

Clarksville, Arkansas 72830

(479) 754-2949

Crawford County Health Unit

2040 Chestnut St.

Van Buren, Arkansas 72956

(479) 474-6391

Izard County Health Unit

149 Haley St.

Melbourne, Arkansas 72556

(870) 368-7790

Miller County Health Clinic

503 Walnut St.

Texarkana, Arkansas 71854

(870) 773-2108

Union County Health Unit

301 American Road

El Dorado, Arkansas 71730

(870) 863-5101

Columbia County Health Unit

207 South Jefferson Street

Magnolia, Arkansas 71753

(870) 235-3798

Greene County Health Department

801 Goldsmith Road

Paragould, Arkansas 72450

(870) 236-7782

Arkansas Department of Health Springdale

614 East Emma Ave. STE 247

Springdale, Arkansas 72764

(479) 751-3630

Mississippi County Health Department

1299 North 10th St.

Blytheville, Arkansas 72315

(870) 763-7064

How to obtain your Driver's License

Apply for Your New Arkansas Driver's License

Where—and how—you apply depends on whether you want a **basic driver's license** or a **REAL ID driver's license.** You can apply for a basic AR driver's license at your local revenue office; you must apply at an Enhanced Security Driver's License at an—you guessed it—Enhanced Security DL/ID Office.

Every applicant, regardless of age, must hold a learner's permit before getting a driver's license in Arkansas. The **only exception** is for new residents with a valid out-of-state license (see above).

At the appropriate office, be ready to:

- Show **proof of your:**
  - **Social Security number** (e.g., Social Security card) **OR** sign an affidavit stating you aren't eligible for an SSN.
  - **Identity and legal presence**:
    - For a **REAL ID-compliant license**:
      - At least 1 document from the primary legal presence list **AND** at least 1 document from the secondary identity list—the DFA provides a full list of acceptable proofs you can bring.
      - **Arkansas residency (2 documents)**, if you're applying for a REAL ID.
  - For a **non-compliant license,** you can use the Pre-Registration portal to determine which documents you will need.
  - Pay the $5 testing fee.
  - Pass the **vision exam.**
  - Pass the **written permit test.**

To help you pass the written test you can study the state's driver handbook. If you want to ensure passing the exam on your first try, we suggest taking an online practice test beforehand.

If you fail, the Arkansas ODS might require you to wait a certain amount of time before retesting; ask your examiner for details.

Once you pass your vision and written tests, **you'll receive a learner's permit**.

You'll keep this license for a period of time determined by the examiner; generally, the time period is approximately a month.

Taking Your Arkansas Driving Test

- Contact your nearest state police troop office for testing times.
    - You **do not** have to make an appointment, but because testing times change, the ASP recommends **calling ahead.**
- Pay the $40 fee.
- Pass your driving test.

Once you pass your driving test, you'll visit your local Arkansas ODS office to receive your physical driver's license. **Until then, you still have only your learner's permit, so a licensed driver must drive you to the office.**

Expired or Suspended Licenses

Renewing your license will be slightly different if your current driver's license has **already expired** or is **suspended**. Make sure that you have paid any outstanding tickets or citations before renewing! If you're unsure about your record, you can check your driver history or contact the AR DFA to check the status of your license.

- **Expired License**
- **Suspended License**

Expired AR Driver's Licenses

If your driver's license has already expired, then you have to renew it in person (see below) before you must retake the written exam that you took when you first applied for your license. There are no fees or fines for allowing your license to expire, but at no time may you drive with an expired license.

NOTE: Make sure you have paid any outstanding tickets before applying to renew.

Renew Your AR Driver's License

Currently, the AR DFA **does not allow online or by-mail renewals**, unless you are out of state (see below). Therefore, to renew your license, you must go in person to your local Revenue office.

Make sure you bring:

- Your soon-to-be expired driver's license.
- Payment for the $40 renewal fee, using cash or a check/money order made payable to the AR DFA.

- Corrective lenses or contacts for the vision test, if necessary.
- All proofs of legal presence, identity, Social Security number, and 2 documents of residency as outlined in the state's list of required documents **ONLY IF** you:
    - Already have an **Enhanced Security Driver's License** but need to **make changes or corrections** to your name, date of birth, gender, Social Security number, or driver's license number. You don't need these documents if the only change is your address.
    - Have a regular driver's license and **want to upgrade** to an **Enhanced Security Driver's License**.
        - Enhanced Security DL/ID Offices deal with these licenses.

You will be issued your renewed license before you leave. Note: If you ever lose it, make sure you get your license replaced ASAP.

NOTE: If you're upgrading to an Enhanced Security DL/ID, you **MIGHT** be issued a temporary license and receive your permanent license in the mail.

Various Locations:

Office Of Motor Vehicles Of Arkadelphia, Arkansas

Address

615 Clay St., Arkadelphia, Arkansas, 71923

Phone

(870) 246-6733

Testing Facility Of Ash Flat, Arkansas

Address

716 Ash Flat Drive, Ash Flat, Arkansas, 72513

Phone

(870) 523-2701

Ashdown Driver License & CDL Testing Facility Of Ashdown, Arkansas

Address

351 North 2nd St., Ashdown, Arkansas, 71822

Phone

(870) 777-4641

Atkins Revenue Office Of Atkins, Arkansas

Address

220 East Main Street, Atkins, Arkansas, 72823

Phone

(479) 641-2642

Augusta Revenue Office Of Augusta, Arkansas

Address

502 North 3rd, Augusta, Arkansas, 72006

Phone

(870) 347-2213

Testing Facility Of Augusta, Arkansas

Address

118 S. Second St., Augusta, Arkansas, 72006

Phone

(870) 633-1454

Office Of Motor Vehicles Of Bald Knob, Arkansas

Address

2610 Highway 367 N., Bald Knob, Arkansas, 72010

Phone

(501) 724-3147

Batesville Revenue Office Of Batesville, Arkansas

Address

1207 E. Main St., Batesville, Arkansas, 72501

Phone

(870) 793-7441

Office Of Motor Vehicles Of Beebe, Arkansas

Address

206 W. Center St., Beebe, Arkansas, 72012

Phone

(501) 882-6777

Office Of Motor Vehicles Of Benton, Arkansas

Address

215 N. Main St., Benton, Arkansas, 72015

Phone

(501) 778-4876

Bentonville Revenue Office Of Bentonville, Arkansas

Address

2401 SW D St, Suite 3, Bentonville, Arkansas, 72712

Phone

(479) 273-2724

Office Of Motor Vehicles Of Berryville, Arkansas

Address

105 Spring St., Berryville, Arkansas, 72616

Phone

(870) 423-2046

Office Of Motor Vehicles Of Blytheville, Arkansas

Address

1818 S. Division St. Ste. C, Blytheville, Arkansas, 72315

Phone

(870) 762-2321

Testing Facility Of Booneville, Arkansas

Address

366 N. Broadway Ave., Booneville, Arkansas, 72927

Phone

(479) 783-5195

Office Of Motor Vehicles Of Booneville, Arkansas

Address

123 N. Broadway St., Booneville, Arkansas, 72927

Phone

(479) 675-3101

Office Of Motor Vehicles Of Brinkley, Arkansas

Address

309 W. Cedar St., Brinkley, Arkansas, 72021

Phone

(870) 734-1816

Testing Facility Of Brinkley, Arkansas

Address

233 W. Cedar St., Brinkley, Arkansas, 72021

Phone

(870) 633-1454

Office Of Motor Vehicles Of Bryant, Arkansas

Address

101 G NW 3rd St., Bryant, Arkansas, 72022

Phone

(501) 847-5080

Testing Site Of Cabot, Arkansas

Address

116 North 1st St. Old State Revenue Office, Cabot, Arkansas, 72023

Phone

(501) 618-8257

Cabot Revenue Office Of Cabot, Arkansas

Address

1604 S. Pine St. Suite F, Cabot, Arkansas, 72023

Phone

(501) 843-5836

Camden Driver License Testing Center Of Camden, Arkansas

Address

2730 Mt. Holly Road, Camden, Arkansas, 71711

Phone

(870) 226-3713

Camden Revenue Office Of Camden, Arkansas

Address

135 Jackson Street, Camden, Arkansas, 71701

Phone

(870) 836-4171

Cave City Revenue Office Of Cave City, Arkansas

Address

107 Spring Street, Cave City, Arkansas, 72521

Phone

(870) 283-5849

Charleston Revenue Office Of Charleston, Arkansas

Address

607 E. Main, Charleston, Arkansas, 72933

Phone

(479) 965-2220

Testing Facility Of Clarendon, Arkansas

Address

270 Madison St. City Hall, Clarendon, Arkansas, 72029

Phone

(870) 633-1454

Clarendon Revenue Office Of Clarendon, Arkansas

Address

603 Madison St., Clarendon, Arkansas, 72029

Phone

(870) 747-3796

Office Of Motor Vehicles Of Clarksville, Arkansas

Address

1140 S. Rogers St., Clarksville, Arkansas, 72830

Phone

(479) 754-2149

Office Of Motor Vehicles Of Clinton, Arkansas

Address

1400 Highway 65 S., Clinton, Arkansas, 72031

Phone

(501) 745-6176

Testing Facility Of Conway, Arkansas

Address

1900 Tyler St., Conway, Arkansas, 72032

Phone

(501) 618-8259

Conway Revenue Office Of Conway, Arkansas

Address

2455 Washington Avenue, Conway, Arkansas, 72032

Phone

(501) 329-2601

Corning Revenue Office Of Corning, Arkansas

Address

800 Southwest 2nd Street, Corning, Arkansas, 72422

Phone

(870) 857-3221

Crossett Driver License Test Station Of Crossett, Arkansas

Address

705 Dr. Martin Luther King Drive, Crossett, Arkansas, 71635

Phone

(870) 226-3713

Danville Revenue Office Of Danville, Arkansas

Address

203 East 5th Street, Danville, Arkansas, 72833

Phone

(479) 495-2841

Dardanelle Revenue Office Of Dardanelle, Arkansas

Address

106 Union Street, Dardanelle, Arkansas, 72834

Phone

(479) 229-3657

Testing Facility Of De Witt, Arkansas

Address

120 Court Square, De Witt, Arkansas, 72042

Phone

(870) 946-3421

Dumas Revenue Office Of Dumas, Arkansas

Address

710 A Hwy. 65 South, Dumas, Arkansas, 71639

Phone

(870) 382-2950

Office Of Motor Vehicles Of El Dorado, Arkansas

Address

236 American Road, El Dorado, Arkansas, 71730

Phone

(870) 863-3862

Office Of Motor Vehicles Of Fort Smith, Arkansas

Address

616 Garrison Ave. Room 106, Fort Smith, Arkansas, 72901

Phone

(479) 783-0279

Greenbrier Revenue Office Of Greenbrier, Arkansas

Address

110B South Broadview, Greenbrier, Arkansas, 72058

Phone

(501) 679-2117

Office Of Motor Vehicles Of Hamburg, Arkansas

Address

205 E. Jefferson St., Hamburg, Arkansas, 71646

Phone

(870) 853-5418

Office Of Motor Vehicles Of Harrisburg, Arkansas

Address

408 N. Illinois St., Harrisburg, Arkansas, 72432

Phone

(870) 578-5911

Office Of Motor Vehicles Of Hot Springs Village, Arkansas

Address

4656 N. Hwy. 7, Hot Springs Village, Arkansas, 71909

Phone

(501) 984-5488

Little Rock (sw) Revenue Office Of Little Rock, Arkansas

Address

#3 State Police Plaza Drive, Suite 300, Little Rock, Arkansas, 72209

Phone

(501) 682-0410

Office Of Motor Vehicles Of Lonoke, Arkansas

Address

105 Jefferson St., Lonoke, Arkansas, 72086

Phone

(501) 676-2407

Office Of Motor Vehicles Of Malvern, Arkansas

Address

129 W. Page Ave., Malvern, Arkansas, 72104

Phone

(501) 332-3501

Mountain View Revenue Office Of Mountain View, Arkansas

Address

205 West Jefferson, Mountain View, Arkansas, 72560

Phone

(870) 269-3436

Office Of Motor Vehicles Of Pine Bluff, Arkansas

Address

2801 Olive St. Space 7-C, Pine Bluff, Arkansas, 71603

Phone

(870) 535-4564

Russellville Revenue Office Of Russellville, Arkansas

Address

105 South Rochester c/o Russellville Revenue Office, Russellville, Arkansas, 72801

Phone

(479) 968-1526

Springdale Revenue Office Of Springdale, Arkansas

Address

3159 Springdale Avenue, Springdale, Arkansas, 72762

Phone

(479) 751-4498

Office Of Motor Vehicles Of West Memphis, Arkansas

Address

250 Shopping Way Suite A, West Memphis, Arkansas, 72301

Phone

(870) 735-1122

How to obtain your Social Security Card

Original Card for a U.S. Born Adult

Important

You must present original documents or copies certified by the agency that issued them. We cannot accept photocopies or notarized copies. All documents must be current (not expired). We cannot accept a receipt showing you applied for the document.

What original documents do I need?

Citizenship

We can accept only certain documents as proof of U.S. citizenship. These include a U.S. birth certificate or a U.S. passport.

Age

You must present your birth certificate. If one exists, you must submit it. If a birth certificate does not exist, we may be able to accept your:

- Religious record made before the age of five showing your date of birth.
- U.S. hospital record of your birth.
- U.S. passport.

Anyone age 12 or older requesting an original Social Security number (SSN) must appear in person for an interview. We will ask for evidence to show you do not have an SSN. Here are examples of documents you can use to prove an SSN was never assigned:

- If you lived outside the United States for an extended period, a current or previous passport, school and/or employment records, and any other record that would show long-term residence outside the United States could be used to show you do not have an SSN.
- If you have lived in the United States and you are applying for an original SSN, we may ask you for information about the schools you attended, or we may ask you to provide copies of tax records that would show you were never assigned an SSN.

Identity

We can accept only certain documents as proof of identity. An acceptable document must be current (not expired) and show your name, identifying information (date of birth or age) and preferably a recent photograph. For example, as proof of identity we must see your:

- U.S. driver's license.
- State-issued non-driver identification card.
- U.S. passport.

If you do not have one of these specific documents or you cannot get a replacement for one of them within 10 days, we will ask to see other documents. Any documents submitted, including the following, must be current (not expired) and show your name, identifying information (date of birth or age) and preferably a recent photograph:

- Employee identification card.
- School identification card.
- Health insurance card (not a Medicare card).
- U.S. military identification card.

Note

We may use one document for two purposes. For example, we may use your U.S. passport as proof of both citizenship and identity. **However, you must provide at least two separate documents.**

See what card services you can do online

https://www.cards-express-online.com/

If you lost your card, you may not need a replacement. In most cases, simply knowing your Social Security number is enough. But if you do need a replacement, we make it easy. Once you complete your application (online or in-person), you will receive your Social Security card in the mail.

Answer a few questions to find the best way to get what you need.
You can:

- Request a copy of a lost, stolen, or damaged card
- Update or correct your personal information (e.g., name, citizenship, sex identification, date of birth)
- Request a Social Security number for the first time

Various Locations:

Batesville Office

151 Dry Kiln Rd Batesville AR 72501

1-866-816-5651

Blytheville Office

1403 S Division St Blytheville AR 72315

1-866-842-6638

Conway Office

2475 Christina Ln Conway AR 72034

1-855-727-3599

El Dorado Office

2600 W Hillsboro El Dorado AR 71730

1-866-526-9254

Fayetteville Office

2153 E. Joyce Blvd. Fayetteville AR 72703

1-877-694-5493

Forrest City Office

965 Holiday Dr Forrest City AR 72335

1-866-964-2043

Ft Smith Office

6801 Dallas St Ft Smith AR 72903

1-866-931-8374

Harrison Office

131 W Industrial Pk Rd Harrison AR 72601

1-877-512-3851

Hot Springs Office

112 Corporate Terrace Hot Springs AR 71913

1-855-531-1685

Jonesboro Office

1809 Latourette Dr Jonesboro AR 72404

1-866-842-7369

Little Rock Office

700 W Capitol Street Little Rock AR 72201

1-866-593-0933

Mountain Home Office

955 Wallace Knob Rd Mountain Home AR 72653

1-888-226-3232

Pine Bluff Office

3511 Market Street Pine Bluff AR 71601

1-866-563-9693

Russellville Office

2708 E Parkway Drive Russellville AR 72802

1-877-445-0827

Searcy Office

701 Airport Loop Searcy AR 72143

1-855-686-1467

Sherwood Office

3608 East Kiehl Ave Sherwood AR 72120

1-877-512-3854

West Memphis Office

202b Shopping Way Blvd West Memphis AR 72301

1-866-627-6994

TECHNICAL SCHOOLS

Technical schools, also known as technical colleges or institutes, offer an education that prepares students for a specific trade or career. They span up to less than 2 to 4 years depending on the programs you choose. Following the completion of the course, graduates are awarded a degree, certificate, or diploma.

1.Northwest Arkansas Community College- College provides 26 associate programs and 54 certificate programs for students. Based in Bentonville, Arkansas, this public college features both online and on-campus enrollment options, creating flexibility for all types of learners. The different types of enrollment appeal to working professionals and other busy attendees. Many of the school's programs emphasize career training and include practical skills. General education classes in associate programs build key soft skills like communication, writing, and critical thinking. Instead of general education courses, certificate candidates complete classes related to their field. A certificate prepares graduates for the workforce. With an associate degree, alumni enter the workforce or continue their education at the bachelor's level.

Benton County

One College Dr.

Bentonville, Arkansas

479-986-4000

2.Arkansas State University-Beebe-Learners can strengthen their skills in 24 associate programs and 50 certificate programs. Located in Beebe, Arkansas, the public institution offers online and on-campus enrollment options, increasing flexibility for enrollees. Many students work while pursuing a degree or certificate. In the school's career-focused programs, participants gain industry-specific skills. In associate programs, degree-seekers strengthen transferable skills during general education classes. Certificate candidates take courses in their area of study rather than general education courses. With a certificate, graduates move into the workforce and pursue entry-level roles. Associate degree -holders can either pursue employment or transfer into a bachelor's program.

Main Campus

White County

1000 Iowa St.

Beebe, Arkansas

501-882-8860

Heber Springs Campus

Cleburne County

101 River Crest

Heber Springs, Arkansas

501-362-1100

LRAFB Campus

Pulaski County

1490 Vadenberg BLVD

Searcy Campus

White County

1800 East Moore Ave

STE 115
Jacksonville, Arkansas
501-207-6211

Searcy, Arkansas
501-207-6200

3.National Park College- Students enroll in 20 associate programs and 29 certificate programs at National Park College. The public institution prioritizes flexibility in its course options, which include classes offered online and on the Hot Springs, Arkansas, campus. These flexible options make it easier for attendees to balance school with work or other responsibilities. The school's career-focused programs provide the knowledge and skills required for specialized roles. Those in associate programs take general education courses that build transferable skills like writing and critical thinking. Rather than taking general education courses, certificate candidates complete a focused curriculum of courses in their field of study. With a certificate, learners qualify for entry-level roles in their field. After earning an associate degree, graduates enter the workforce or transfer into a bachelor's program.

Garland County

101 College Dr.

Hot Springs National Park, Arkansas

501-760-4222

4. Arkansas Tech University-provides 28 associate programs and 42 certificate programs for students. The public institution prioritizes flexibility in its course options, which include classes offered online and, on the Russellville, Arkansas campus. These flexible options make it easier for attendees to balance school with work or other responsibilities. In the school's career-focused programs, enrollees strengthen industry-specific knowledge and skills. In associate programs, degree-seekers strengthen critical thinking and writing skills in general education courses. Instead of general education classes, certificate candidates complete a focused curriculum in their area of study. With a certificate, recipients move into the workforce and pursue entry-level roles. After an associate degree, graduates enter the workforce or apply to bachelor's programs as a transfer student.

Main Campus

Pope County
215 West O St.
Russellville, Arkansas
479-698-0389

Arkansas Tech Career Center Campus

Pope County
2201 S. Knoxville Ave
Russellville, Arkansas
479-968-5422

Ozark Campus

Franklin County

1700 Helberg Lane

Ozark, Arkansas

479-667-2117

5.Black River Technical College- Students learn in 21 associate programs and 26 certificate programs. The public institution, located in Pocahontas, Arkansas, offers online and on-campus enrollment options which appeal to a variety of learners. These enrollment options appeal to working professionals and other busy enrollees. Many of the school's programs strengthen career-focused skills that train participants for a particular role. Those in associate programs take general education courses that build transferable skills like writing and critical thinking. Certificate candidates complete a focused curriculum that does not include classes outside of their field.

Professionals apply for positions in their field with a certificate. After earning an associate degree, graduates enter the workforce or transfer into a bachelor's program.

Main Campus
Randolph County
1410 Highway 304 East
PO Box 468
Pocahontas, Arkansas
870-248-4000

Paragould Campus
Greene County
1 Black River Dr.
PO Box 1565
Paragould, Arkansas
870-239-0969

6. Phillips Community College of the University of Arkansas- Enrolls students in 16 associate programs and 31 certificate programs. The public institution offers flexible enrollment options, including online classes and courses offered at the Helena, Arkansas, campus. These flexible options help attendees work while in school. The school's career-focused programs provide the knowledge and skills required for specialized roles. Associate programs incorporate general education classes that strengthen writing, communication, and other soft skills. Instead of general education courses, certificate candidates complete classes related to their field. With a certificate, graduates enter the workforce prepared for many entry-level roles. With an associate degree, learners enter the workforce or continue their education at the bachelor's level.

Helena-West Helena Campus
Phillips County
1000 Campus Drive
P.O. Box 785
Helena-West Helena, AR
870-338-6474

DeWitt Campus
Arkansas County
1210 Rice Belt Ave
DeWitt, Arkansas
870-946-3506

Stuttgart Campus

Arkansas County

2807 Hwy. 165 South, Box A

Stuttgart, AR

870-673-4201

7. South Arkansas Community College- Students enroll in 20 associate programs and 32 certificate programs at South Arkansas Community College. Based in El Dorado, Arkansas, this public college features both online and on-campus enrollment options, creating flexibility for all types of learners. Degree- and certificate-seekers often balance school with work. Many of the school's programs strengthen career-focused skills that train participants for a particular role. Associate programs include general education classes that strengthen critical thinking and writing skills. Certificate candidates complete a focused curriculum in their field with no general education requirements. With a certificate, recipients apply for entry-level positions in their field. With an associate degree, graduates enter the workforce or continue their education at the bachelor's level.

West Campus

Union County

300 South West Avenue

East Campus

Union County

3696 East Main Street

El Dorado, AR 71730

870-862-8131

El Dorado, Arkansas

870-862-8131

8.Arkansas State University Three Rivers- Provides 16 associate programs and 45 certificate programs for students. Learners select from online and on-campus courses offered by the public institution from its location in Malvern, Arkansas. Many enrollees work while pursuing a degree or certificate. Many of the school's certificate and associate programs emphasize industry-specific skills that prepare graduates for a particular career path. General education classes in associate programs build key soft skills like communication, writing, and critical thinking. Certificate candidates complete a focused curriculum with no general education requirements. With a certificate, recipients qualify for entry-level roles in their field. With an associate degree, graduates enter the workforce or continue their education at the bachelor's level.

Hot Spring County

One College Circle

Malvern, Arkansas

501-337-5000

9.Cossatot Community College of the University of Arkansas- Learners choose from 25 associate programs and 46 certificate programs. The public institution prioritizes flexibility in its course options, which include classes offered online and on the De Queen, Arkansas, campus. Many students work while pursuing a degree or certificate. Many of the school's programs strengthen career-focused skills that train participants for a particular role. Associate programs include general education classes that strengthen soft skills like communication and writing. Certificate candidates take focused classes in their field rather than general education classes. With a certificate, graduates enter the workforce prepared for many entry-level roles. An associate degree prepares recipients for the workforce or for bachelor's programs. At the college, undergraduate tuition averages $2,610 for in-state students and $3,060 for out-of-state students.

Sevier County

183 College Drive

De Queen, AR

870-584-4471

10.Arkansas Northeastern College-Students choose from 13 associate programs and 26 certificate programs at Arkansas Northeastern College. The public institution, located in Blytheville, Arkansas, offers online and on-campus enrollment options, which appeal to a variety of different people. Learners enrolled at the school rely on the flexible options to balance classes with work. Most associate degree and certificate programs build specialized skills related to a defined career path or field of employment. Associate programs include general education classes that strengthen critical thinking and writing skills. Certificate candidates take focused classes in their field rather than general education classes. With a certificate, graduates enter the workforce prepared for many entry-level roles. With an associate degree, recipients either pursue employment or transfer into a bachelor's program.

Mississippi County

2501 South Division Street

Blytheville, Arkansas

870-762-1020

11.North Arkansas College- Learners choose from 17 associate programs and 39 certificate programs. From its main campus in Harrison, Arkansas, the public institution provides flexible enrollment options. These different choices for enrollment appeal to working students and other busy attendees. Many of the school's programs strengthen career-focused skills that train participants for a particular role. In associate programs, degree-seekers strengthen transferable skills during general education classes. Instead of general education courses, certificate candidates complete classes related to their field. Professionals apply for positions in their field with a certificate. With an associate degree, graduates apply for jobs or pursue a bachelor's degree.

South Campus

Boone County

1515 Pioneer Drive

Harrison, Arkansas

870-743-3000

North Campus

Boone County

1320 North Spring Rd

Harrison, Arkansas

870-743-3000

Carroll County Center

Carroll County

804 West Freeman

Berryville, AR

870-423-4455

12.University of Arkansas - Pulaski Technical College-With 27 associate programs and 67 certificate programs, University of Arkansas - Pulaski Technical College offers options for many students. Learners choose between online and on-campus courses offered from the North Little Rock, Arkansas, campus of the public institution. Working professionals benefit from the flexibility to attend school without leaving their job. In the school's career-focused programs, enrollees train for a defined career path after graduation. Associate degree-seekers also complete general education courses that build broad skills, such as writing and critical thinking. Certificate candidates take focused classes in their field rather than general education classes. With a certificate, graduates qualify for entry-level roles in their field. An associate degree prepares recipients for the workforce or for bachelor's programs.

Pulaski County

3000 West Scenic Drive

North Little Rock, Arkansas

501-812-2200

13.The University of Arkansas at Monticello- Students advance their education in 8 associate programs and 28 certificate programs at the University of Arkansas at Monticello. From its main campus in Monticello, Arkansas, the public institution provides flexible enrollment options. Busy learners benefit from the school's flexible options, which make it easier to work while in college. Many of the school's programs strengthen career-focused skills that train participants for a particular role. In general education courses, associate degree-seekers strengthen critical thinking, communication, and writing skills. Certificate candidates complete courses in their field of study without general education requirements. Certificate recipients can move directly into the workforce in entry-level positions. After an associate degree, graduates enter the workforce or apply to bachelor's programs as a transfer student.

Main Campus

Drew County

346 University Dr.

Monticello, Arkansas

870-460-1026

Crossett Campus

Ashley County

1326 Highway 52 W

Crossett, Arkansas

870-364-6414

McGhee Campus

Desha County

1609 East Ash St.

McGhee, Arkansas

870-222-5360

14.East Arkansas Community College-Students choose from 15 associate programs and 46 certificate programs at East Arkansas Community College. Located in Forrest City, Arkansas, the public institution stands out for its flexible enrollment options, which include online and on-campus classes. These enrollment options appeal to working professionals and other busy learners. Many of the school's programs strengthen career-focused skills that train participants for a particular role. Associate programs incorporate general education classes that strengthen writing, communication, and other soft skills. Rather than taking general education courses, certificate candidates complete a focused curriculum of courses in their field of study. With a certificate, graduates enter the workforce prepared for many entry-level roles. An associate degree prepares recipients for the workforce or for bachelor's programs.

St. Francis County

1700 Newcastle Road

Forrest City, AR

870-633-4480

15.Ozarka College- Study in 15 associate programs and 30 certificate programs. From its Melbourne, Arkansas, campus, the public institution lets learners choose from online and on-campus enrollment options. Working professionals find the flexible options fit their busy schedules. The school's career-focused programs emphasize industry-specific knowledge and skills. In general education courses, associate degree-seekers strengthen critical thinking, communication, and writing skills. Certificate candidates take classes in their field of study without general education course requirements. A certificate helps graduates advance their career or move into a new role. An associate degree prepares recipients for entry-level careers or for bachelor's programs.

Izard County

PO Box 10

218 College Drive

Melbourne, Arkansas

870.368.2300

16.Southeast Arkansas College- Students advance their education in 19 associate programs and 31 certificate programs. From its Pine Bluff, Arkansas, location, the public institution welcomes learners to online and on-campus classes. Busy attendees benefit from the school's flexible options, which make it easier to work while in college. Many of the school's programs encourage participants to train for a particular vocation after graduation. Those in associate programs take general education courses that build transferable skills like writing and critical thinking. Certificate candidates complete a focused curriculum in their field with no general education requirements. Certificate recipients can move directly into the workforce in entry-level positions. With an associate degree, graduates can enter the job market or apply to four-year colleges as a transfer student.

Jefferson County

1900 Hazel Street

Pine Bluff, Arkansas

870-543-5900

17.Arkansas State University- Students advance their education in 18 associate programs and 46 certificate programs. Learners select from online and on-campus courses offered by the public institution from its location in Newport, Arkansas. Attendees often choose to work while enrolled at the school. Many of the school's certificate and associate programs emphasize industry-specific skills that prepare graduates for a particular career path. In associate programs, degree-seekers strengthen critical thinking and writing skills in general education courses. Certificate candidates take focused classes in their field rather than general education classes. Professionals with a certificate enter the workforce and apply for jobs in their field. With an associate degree, graduates either enter the workforce or apply to four-year colleges as a transfer student.

Newport Campus

Jackson County

7648 Victory Blvd

Newport, AR 72112

870- 512-7800

Jonesboro Campus

Craighead County

5504 Krueger Dr.

Jonesboro, Arkansas

870-932-2176

Marked Tree Campus

Poinsett County

33500 U.S. 63

Marked Tree, Arkansas

870- 358-2117

18.The University of Arkansas Hope-Texarkana- Learners choose from 16 associate programs and 39 certificate programs. From its Hope, Arkansas, campus, the public institution lets students choose from online and on-campus enrollment options. Many enrollees work while pursuing a degree or certificate. The school's career-focused programs strengthen specialized skills that prepare graduates for the job market. Those in associate programs take general education courses that build transferable skills like writing and critical thinking. Certificate candidates take courses in their field with no required general education courses. A certificate trains recipients for

entry-level positions in a specific field. After earning an associate degree, graduates enter the workforce or apply to bachelor's programs as a transfer student.

Hope Campus

Hempstead County

2500 South Main St.

Hope, Arkansas

870-777-5722

Texarkana Campus

Miller County

3501 U of A Way

Texarkana, Arkansas

870-777-5722

19.Arkansas State University Mid-South- Students enroll in 11 associate programs and 24 certificate programs at Arkansas State University Mid-South. Learners benefit from the public institution's diverse enrollment options, which include online classes and on-campus options from the West Memphis, Arkansas, location. These flexible options make it easier for attendees to balance school with work or other responsibilities. In the school's career-focused programs, enrollees gain specialized skills for a defined career path or field. Associate programs incorporate general education classes that strengthen writing, communication, and other soft skills. Certificate candidates take courses in their field with no required general education courses. Professionals with a certificate enter the workforce and apply for jobs in their field. After earning an associate degree, graduates pursue employment or apply to bachelor's programs as a transfer student. Undergraduate tuition at the college averages $2,760 for in-state students and $3,720 for out-of-state students.

Crittenden County

2000 West Broadway

West Memphis, Arkansas

870-733-6722

20.The University of Arkansas - Fort Smith- Learners choose from 16 associate programs and 24 certificate programs. From its main campus in Fort Smith, Arkansas, the public institution offers both online and on-campus enrollment options. These flexible options appeal to busy students balancing school with other obligations. Many of the school's programs strengthen career-focused skills that train participants for a particular role. Associate programs incorporate general education classes that strengthen writing, communication, and other soft skills. Certificate candidates complete courses in their field of study without general education requirements. With a certificate, recipients move into the workforce and pursue entry-level roles. With an associate degree, graduates apply for jobs or continue their education with a bachelor's degree.

Sebastian County

5210 Grand Ave

PO Box 3649

Fort Smith, Arkansas

479-788-7000

You can also go online to apply at: https://www.accreditedschoolsonline.org/vocational-trade-school/arkanasa/

COMMUNITY SUPPORT

Community Support- Agencies within your community that provides mental health, parenting, drug and alcohol education, and prevention services

Family Service Agency, Inc.-

628 W. Broadway Street, North Little Rock, AR 72114

501-372-4242

Lonoke, Prairie, Pulaski, and Saline Counties.

Our normal office hours are Monday through Friday — 8am to 5pm

We are a not-for-profit agency that has worked since 1942 to build a stronger and more caring community. The Agency focuses on this mission by working to improve the economic health of families, reducing the incidence of domestic violence, treating substance abuse, helping families and individuals resolve conflict, providing affordable housing and helping people and employers solve work performance problems. Our team of trained and licensed therapists are here to address your specific needs and to help you get what you want out of life. Our counseling and therapeutic services can help you be the kind of person you want to be. Located close to the Arkansas River with easy access from downtown Little Rock and North Little Rock, we offer the privacy and confidentiality you would look for in a counseling relationship.

Vision, Mission, and Values

Our Vision – Emotional healthy families and individuals contributing to a caring community.

Our Mission – The mission of Family Service Agency is to enhance the wellness of individuals, families, and communities by providing quality services.

Our Values – The staff and volunteers of Family Service Agency are committed to these basic values that guide us as we work together to fulfill our mission:

- Diversity and strengths in individual and family structures.
- Partnering with others in the community to achieve our mission.
- An organizational culture which respects the unique contribution of each employee and volunteer.
- Accountability at the individual, organization, and community levels.

Accepted Insurance Plans

- Aetna
- Ambetter
- BlueCross and BlueShield
- Medicaid
- QualChoice

- **Out of Network**

Services:

Counseling

Family Service Agency can help create a solution for a full range of problems including:

- Adolescent Substance Abuse
- Divorce Recovery Education
- Alcohol/Drug Abuse
- Domestic Violence
- Anger Management
- Family Conflict
- Anxiety
- Relationship Problems
- Couples Counseling
- Stress Management
- Depression

Drug & Alcohol Education Program

The Alcohol Safety Education Program is administered through Family Service Agency for the Department of Human Services – Bureau of Alcohol & Drug Abuse Prevention.

Services include Pre-Sentence Screening Reports (PSSR) to all courts in Pulaski, Lonoke, Prairie and Saline Counties and alcohol safety education classes for persons who plead or are found guilty of the offense of Driving While Intoxicated (DWI), Driving Under the Influence (DUI), and Refusal to Submit.

These classes include:

- **Level 1 Alcohol Education**

The class covers drinking styles, the costs of substance abuse, codependency, tolerance to alcohol and other drugs, controlled drinking, addiction, and relapse/DWI prevention.

- **Level 2 Alcohol Education**

The class covers the same topics as Level 1 but with more depth and in smaller groups for individual attention.

- **Underage Alcohol Education**

The class covers DWI/DUI laws, alcohol effects on the body, communications, and alcoholism.

Prevention Services

The Family Service Agency has Regional Prevention Resource Center.

Region 9 is made up of Lonoke, Prairie, Pulaski, and Saline Counties.

The Prevention Resource Center (PRC) provides assistance to communities in developing pro-active (prevention) approaches to reducing risk associated with violence, alcohol, tobacco, and other drug abuse. Services include two

clearinghouses for brochures, education, and training for both youth and adult leaders and assistance in program development.

Prevention reduces the risk of unhealthy behaviors while fostering safe, productive environments. Successful prevention leads to the reduction of crime, automobile fatalities, sexually transmitted diseases, teen pregnancy, addiction, child abuse, family breakups, and violence.

Activities and Training Provided

Alcohol, Tobacco, and Other Drug Facts

- Free brochures and booklets
- Public speaking/school assemblies
- Health fairs/health promotions
- Curricular design
- Media Campaigns

Life Skills Development and Education

- Peer leader programs
- Conflict resolution teams
- Gang prevention activities
- Pre-school drug prevention
- Parenting and family management classes
- Teacher in-services

Social Policy and Environmental Change

- Assisting the change of laws and regulations
- Reviewing of alcohol and drug policies in schools
- Enforcing procedures governing availability of drugs
- Reviewing alcohol and tobacco advertising

Community Mobilization and Professional Development

- Volunteer training
- Multi-agency collaboration
- Community team building
- Religious organization training
- Accessing services and funding

Problem Identification and Referral

- Diversion classes
- Intervention teams
- Student assistance programs
- Youth and adult support group

Substance Abuse Counseling

Substance Abuse Programs please contact our Substance Abuse Specialists at **501-372-4242**.

Family Service Agency offers the following *affordable* outpatient substance abuse groups and services.

Substance Abuse Counseling & Education Program (SACEP)

The following objectives for the SACEP program will be achieved through group and/or individual sessions, audiovisual aids, and written assignments. Participants in Family Service Agency's Substance Abuse Programs should expect to begin focusing on issues/problems, which promote the needs/desires of his/her continued use/abuse of alcohol and/or drugs. Focus will be an increased awareness of the consequences associated with the use of drug(s). This will be achieved through individual/group counseling, workshops, videos, and various

written/reading assignments. We will present each person with tools and skills that lead to **Healthy Lifestyles and Relationships** that are free of alcohol and/or drug abuse.

Substance Abuse Education (Sub-Ed)

This program provides basic information about the primary, chronic and progressive disease of addiction and helps clients understanding of the effects of alcohol and other drugs have on the body, mind, and life.

- Class is 3 hours (9:00am – 12:00pm) the 1st Thursday of each month
- Fee is Fifty dollars ($50)
- Specific information about the effects of various substances is also provided, including alcohol, methamphetamine, marijuana, cocaine, opiates, inhalants, hallucinogens and so called "designer drugs" such as MAMA and DMT

Adolescent Treatment Program (ATP)

The Adolescent Treatment Program is designed for 12–18-year-olds:

- Evidence based curriculums are utilized that offer the participants knowledge of the affects and consequences of substance use and refusal and coping skills combat substance use and peer influence.
- The sessions are facilitated by Master's Level Licensed Alcohol & Drug Abuse Counselors.
- Two primary methods of payment for this program are (1) self-pay and (2) Medicaid.
- Offered under this program are family sessions, family group sessions, individual counseling sessions and group sessions
- Referral methods include but are not limited to self/family referral, school referral and court referral.

Trans Parenting

The effects of divorce can be negative and potentially long-term. Children must master an additional set of tasks, as well as those posed by normal childhood development.

Trans PARENTING educates parents and family members as to ways they can help their children adjust and handle these additional tasks. This four-hour seminar creates an opportunity for parents to shift their attention from the personal aspects of divorce to the needs of their children.

Program Highlights

- One million parents have successfully completed the program over the last decade.
- Trans Parenting is a national program operating in 39 states and 180 jurisdictions.
- The seminar has been profiled on 20/20, The Today Show, CNN, ABC, CBS News, and in The New York Times, Parade Magazine, and many other national and local media.
- The National Council of Juvenile and Family Court Judges awarded the originating program the "Unique and Innovative Projects Award."
- Ninety-six percent of family court judges surveyed state that the program "serves to lessen the negative effects of divorce on children." (Journal of Divorce and Remarriage, 1997).
- Eighty-five to ninety-five percent of all participants in exit surveys rated the program "very helpful" in assisting them in learning to work with their co-parent through the divorce process and minimize the negative influence parental separation has on their children.

Participants Will Learn…

- Emotional reactions to divorce.
- What to expect from family and friends.

- Positive and negative changes in your living situations.
- A parenting approach that will benefit your children.
- Guidelines for talking to your children about the divorce.
- Ways to help your children through their difficult emotions and the changes in their living situations.
- New family structures and the role of the stepparent.
- Lists of resources where you can seek additional information and support.
- The four-hour seminars are taught by trained counselors and social workers.

Trans Parenting Classes

- Classes are a one-time 4-hour class. The cost is $50. .
- **Class size is limited, and you must register in advance**.
- The only location that we offer this is class is at our main office in North Little Rock. The office is located at 628 W. Broadway Street, North Little Rock, AR 72114.
- Classes are normally offered the second and fourth Tuesdays of the month from 5:30pm to 9:30pm and also on the second Friday of each month from 9am to 1pm. Please call to verify class availability.
- If you have more questions, please contact our clinical department (Monday through Friday) at 501-372-4242.

Arkansas Department of Human Services

The Arkansas Department of Human Services (DHS) is a place where we tackle big social issues with compassion, courage, respect, integrity, and action. This is not always easy, but the work we do is so important — to our neighbors and people in every community in the state.

Key Services

- Title V Children with Special Health Care Needs
- Alternative Community Service
- First Connections Early Intervention Program
- Refugee Resettlement
- Medicare Savings Assistance
- ARKids First (A and B)
- National School Lunch Program Summer Food Service Program
- Child and Adult Care Food Program Child Care Assistance
- Children's Medical Services
- Child Care Provider Search
- Child Care Assistance

Various Locations

100 Weaver Ave, Batesville, AR 72501
870-698-1876
1603 Edison Ave, Benton, AR 72015
501-315-1600
1104 Byrum Rd, Blytheville, AR 72315
870-763-7093
1000 E Siebenmorgen Rd, Conway, AR 72032
501-730-9900

100 Court Sq, De Witt, AR 72042
870-946-4519
123 W 18th St, El Dorado, AR 71730
870-862-6631
4252 N Frontage Rd, Fayetteville, AR 72703
479-442-4029
1521 W Main St, Heber Springs, AR 72543
501-362-3298
2636 W Main St, Jacksonville, AR 72076
501-371-1200
1105 Dr Martin Luther King Dr, Little Rock , AR 72202
501-682-9200
100 Park St, Lonoke, AR 72086
501-676-3113
204 Bucher Drive, Mountain Home, AR 72654
870-425-6011
1222 W 6th Ave, Pine Bluff, AR 71601
870-534-4200
101 W Wiley Ave, Star City, AR 71667
870-628-4105

Resource Guide

Alcoholics Anonymous
https://www.aa.org/pages/en_US/find-aa-resources

Arkansas Department of Health
https://www.healthy.arkansas.gov
Phone: 501-661-2000

Arkansas Department of Human Services
https://humanservices.arkansas.gov
Call the DHS Mental Health & Addiction **Services** Support Line. Phone: **1-844-763-0198**

Arkansas Department of Veterans Affairs
http://veterans.arkansas.gov/about-us
(501) 683-2382

Arkansas Division of Higher Education
423 Main Street, Suite 400, Little Rock – **(501) 371-2000**

Arkansas Division of Vital Records
https://directory.arkansas.gov/agency/department-of-health/service/vital-records- division-of/

Phone: **(501) 661-2134**

Arkansas Food Pantries
Foodpantries.org

Arkansas Homeless Shelters - Arkansas Homeless Shelters
https://www.homelessshelterdirectory.org/state/arkansas

Arkansas Narcotics Anonymous Meetings
Phone: 800-926-8143

Arkansas Rehabilitation Services
arcareereducation.org **Phone: 1-800-330-0632 or (501)-296-1600**

Celebrate Recovery
https://www.celebraterecovery.com/crgroups **Phone: (501) 410-3728**

Child Support
https://www.dfa.arkansas.gov/child-support
322 Main St, Little Rock, AR 72201 - **(501) 371-5400**

Department of Motor Vehicle
https://www.dfa.arkansas.gov/motor-vehicle
Phone: 501-682-4692

Resource Guide

Food Pantries
https://www.foodpantries.org/st/arkansas

Recovery Centers of Arkansas
info@rcofa.org **501-372-4611**

Social Security online | my Social Security account
https://www.ssa.gov Phone: **1-800-772-1213**

Arkansas SSD Assistance | Applying for SSD Made Easy.
https://get.benefits.com/**arkansas**/ssd-apply

Arkansas Department of Corrections
Division of Correction
"Embracing Your Community
- A Guide to Reentry"
First Edition – March 2022

https://doc.arkansas.gov/correction/reentry/