THE OCIONAL Arkansas Department of Correction

A publication for employees of the Arkansas Department of Correction

September 2015

Inside this issue:

2
2
3
3
4
5
5
6
6
7
8
8
9
10
11
12

School starts for CSS

The staff of the Corrections School System (CSS), which is the ADC Arkansas Correctional School (ACS) and the Riverside Vocational Technical School (RVTS), have begun the 2015-2016 school year. All teachers and principals recently spent a day of professional development at the CCS central office at the Pine Bluff Complex.

Board of Corrections Vice Chair Dr. Mary Parker-Reed welcomed the educators back and challenged them to think about the mentors in their lives.

"Who is your mentor?" asked Parker-Reed. "And what are you doing to carry out what your mentor did for you?"

"Everything I am as a teacher, I learned from someone else. Someone is learning from you . . . even the smallest thing you do touches someone's life," said Parker-Reed as she charged them to think about their strengths and weaknesses as mentors.

Dr. Bill V. Glover, Superintendent of the Arkansas Correctional School said, "The staff came back enthusiastic and ready ro face the challenges of anothrer school year."

He said the day was devoted to professional development and is part of the hours required by the Department of Education.

In 1973 the General Assembly passed Act 279 which established a school district within the ADC. The purpose as stated in the act was to provide "elementary, secondary, and vocational technical education to all persons incarcerated in the Department of Correction facilities who are not high school graduates, irrespective of age."

The CSS was established by the Arkansas Legislature as an entity separate and distinct from the ADC and the DCC, with the Arkansas Board of Corrections serving as the Board of Education for the CSS.



Dr. Parker-Reed speaks to Corrections School System teachers at their professional development kick-off in Pine Bluff recently.

Page 2 **ADC Advocate**

Semicolon Project

The Semicolon Project is a global

faith-based nonprofit movement dedicated to presenting hope and love to those who struggling are with depression, addicsuicide. and selftion. Their injury. website states the project exists to



Wendy Kelley Director

encourage, love and inspire.

Project Semicolon Inc. is a movement that was founded on April 16, 2013, and is not associated with the Semicolon Tattoo Project.

When I heard about this project, I thought of our inmate population. Our goal for them is to not put a "period" on life's possibilities due to their incarceration, but to realize they control what comes next. So, 'I made a mistake, and I am paying for it by being separated from the community; but, I can spend this time preparing myself to be a positive influence in the community when I get out.' For the majority of our population, that is a possibility and, for some of them, it will be a reality.

While there are inmates who will never be released from prison, they too can move forward. Their statement can be, 'I made a mistake, and I am paying for it by spending the rest of my life in prison; but, I can be a productive person here and a positive influence on the culture of the prison where I am assigned.'

For our staff who may also be struggling with depression, addiction, or other struggles, please know that I want to encourage you. Life takes many turns and the only certainty is

that things will change. My prayer is that it changes for the better, but my experience is that life is full of both "ups" and "downs." The downs do not have to be the end:

A semicolon represents a sentence the author could have ended, but chose not to. The sentence is your life and the author is you.

Thank you again for everything you do, and please stay safe!

> Note that all italicized statements in this article are from:

- Project Semicolon www.projectsemicolon.org



Harris receives scholarship

Jasmine Harris, the daughter of Cpl. Willie Harris, a correctional officer at the Grimes Unit, has been selected for a 2015 Susan M. Hunter Scholarship.

Jasmine, a graduate of Newport High School, was presented with an award certificate on Aug. 3, at the Arkansas Department of Correction's Central Office.

Scholarship recipients are chosen by the Association of State Correctional Administrators' Past Presidents' Committee. Jasmine will receive \$1,000 from ASCA.

She was one of 30 students chosen from a pool of 257 qualified applicants.

"We are so grateful to be able to share in Jasmine's success and look forward to hearing about her accomplishments in the future," said Wendy Kelley, Director of the Arkansas Department of Correction.

Jasmine, who was named an Arkansas Scholar in May, will attend the University of Arkansas in Fayetteville.

Susan M. Hunter was the former Chief of the Prisons Division at the National Institute of Corrections. The scholarship, awarded each year to the children of corrections. tional staff, is a lasting tribute to Hunter's commitment to



Jasmine Harris, third from left, is presented an award certificate by ADC Director Wendy Kelley. Jasmine is flanked by her parents, Brandy and Cpl. Willie Harris.

Susan Hunter died on March 14, 2004, at age 53.

CALENDAR OF EVENTS





September 2015

7—Labor Day 11—Patriot Day 13—Grandparents Day 23—First Day of Autumn Special Events? Unit Functions? Announcements? Conference Dates?



Send information to Kat at *The Advocate* kathlyn.atkinson@ arkansas.gov

OCTOBER



October 2015

12—Columbus Day 31—Halloween

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Page 4 ADC Advocate

Pinnings

Lt. Brandon Davis is pinned by Deputy Warden Steve Outlaw, left, and Major Maurice Williams.





Captain Everett Litzsey is pinned by Major Maurice Williams, left, and Deputy Warden Steve Outlaw.

Lt. Brian Cockrell is pinned by Major Maurice Williams, left, and Deputy Warden Steve Outlaw.





Sgt. Woodrow Davis is pinned by Major Maurice Williams, left, and Deputy Warden Steve Outlaw.

Sergeant Ross Anderson is pinned by Captain Cordall Akins, left, and Major Randy Straughn.



From the desk of Wendy Kelley

son, who will lead the Wrightsville Complex as of August experienced staff at EARU! 16, 2015! He will join Deputy Wardens Toni Bradley and staff.

Congratulations to our newest Warden Jeremy An- Newport Complex! drews, who will be assigned to the Delta Unit effective August 16, 2015. He will join Deputy Warden David Mills with the transitions!! and Major Johnson and an experienced staff!

rice Williams and the dedicated staff.

Finally, later in August, effective August 30, Deputy Warden Joe Page will join Warden Gaylon Lay, Deputy

Please join me in congratulating James "Hoot" Gib- Warden Mark Warner, and Majors Conner and Deen and

August 30, Deputy Warden DeAngelo Earl will join Tami Aiken, Majors Foote and Shipman, and a dedicated Warden Jimmy Banks, Deputy Warden Linda Dixon, and Majors Robertson and Culclager and the great staff at the

Please help and support all of these leaders and units

I appreciate the staff that continue to carry out the De-Deputy Warden Christopher Budnick will transfer to partment's Mission! Please continue to prepare for addithe Varner Unit and work with Warden Randy Watson, tional leadership roles in ADC! Continue to learn and Deputy Warden Billy Inman, and Majors Bolden and Mau- obtain the qualifications for additional responsibilities that will strengthen each of you and the Department!

Thank you.

Five receive 30-year service awards from ADC Management Team



Sgt. Douglas Boultinghouse



Raymond Naylor



Jimmy Smith



Cpl. Jim Apel



Cpl. Charles Walker

Page 6 ADC Advocate



What are the risks of sitting too much?

Answers from James A. Levine, M.D., Ph.D., Mayo Clinic

Researchers have linked sitting for long periods of time with a number of health concerns, including obesity and metabolic syndrome — a cluster of conditions that includes increased blood pressure, high blood sugar, excess body fat around the waist and abnormal cholesterol levels.

Too much sitting also seems to increase the risk of death from cardio-vascular disease and cancer.

One recent study compared adults who spent less than two hours a day in front of the TV or other screen-based entertainment with those who logged more than four hours a day of recreational screen time. Those with greater screen time had:

- A nearly 50 percent increased risk of death from any cause
- About a 125 percent increased risk of events associated with cardio-vascular disease, such as chest pain (angina) or heart attack

The increased risk was separate from other traditional risk factors for cardiovascular disease, such as smoking or high blood pressure.

Sitting in front of the TV isn't the only concern. Any extended sitting — such as behind a desk at work or behind the wheel — can be harmful. What's more, spending a few hours a week at the gym or otherwise engaged in moderate or vigorous activity doesn't seem to significantly offset the risk.

Rather, the solution seems to be less sitting and more moving overall. You might start by simply standing rather than sitting whenever you have the chance.

For example:

- Stand while talking on the phone or eating lunch.
- If you work at a desk for long periods of time, try a standing desk or improvise with a high table or counter.

Better yet, think about ways to walk while you work:

- Walk laps with your colleagues rather than gathering in a conference room for meetings.
- Position your work surface above a treadmill with a computer screen and keyboard on a stand or a specialized treadmill-ready vertical desk so that you can be in motion throughout the day.

The impact of movement — even leisurely movement — can be profound. For starters, you'll burn more calories. This might lead to weight loss and increased energy.

Even better, the muscle activity needed for standing and other movement seems to trigger important processes related to the breakdown of fats and sugars within the body. When you sit, these processes stall—and your health risks increase. When you're standing or actively moving, you kick the processes back into action.

from www.mayoclinic.org

Around ADC

Testifying

Dr. Mike Wood and Sheri Flynn testifying about individualized assessment of sex offender management before the Legislative Criminal Justice Oversight Task Force on Aug. 12, 2015.



Childlike forgiveness

The spring of 2005 found my husband, Rick, and I house-hunting in San Antonio.



Cathy Frye
Public
Information
Officer

Since moving there in September 2004, we'd been living in a rental and were eager to find a place of our own again.

And so it was that one Sunday, after church, we decided to drop in on a couple of houses that had piqued

our interest.

Our first stop was an adorable bungalow. When we entered, Rick and I split up. He and our newborn son, strapped into an infant carrier, went one way. Two-year-old Amanda and I went the other.

The owners were still working on a small studio/office area on the second floor.

"Be careful!" one of them called out as Amanda and I ascended the stairs. "There's no handrail yet!"

After a quick peek, Amanda and I started down the stairs. Worried that she would fall, I scooped her into my arms.

I am not a graceful person. And on this particular Sunday, I was wearing ridiculous sandals with flimsy straps and kitten heels. Seconds into our descent, my ankle twisted.

As I started to topple, Amanda was catapulted from my arms. Even as I ping-ponged between walls during my tumble, I watched in horror as my toddler rolled and somersaulted down an entire flight of wooden stairs.

At that moment, Rick rounded the corner, just in time for Amanda to land at his feet. He picked her up just seconds before I hit the bottom.

As the homeowners scurried for ice and bandages, I cried. Amanda was wearing her little white-and-pink sunglasses when we fell. They now sat askew on her nose.

I cried even harder when she reached for me. No matter that I had launched her down a flight of stairs. She still wanted me to be the one to tend to her boo-boos.

Parenting is tough. Parenting AND working full-time is even more challenging.

But our children give us second chances. And third, fourth, fifth ... and so on into infinity.

I thought of this while attending the governor's Restore Hope Summit last week.

One by one, former inmates stood before an intimidatingly large audience and talked about the many chances they had exhausted before finally "getting it."

By the time they did, their parents might or might not have been done with them.

Working in corrections jades you. (So does a career in newspapers.) In both professions, you encounter people who've been given chance after chance to rehabilitate themselves. And still, they're back in no time. Over and over.

As a parent, I so appreciate the fact that children are forgiving and accepting, even when you screw up royally.

Some of the people who spoke at the summit -- well, I probably would have given up on them ages ago. But someone out there was willing to offer yet another chance -- even if it happened to be the sixth or seventh one.

I left that day with a renewed sense of hope.

Just as our kids put up with our bad moods and moments, and our many mistakes, we should probably be a little more willing to extend that same patience to our fellow adults who aren't faring so well at adulthood.

Simply put: We have to.

It's the only way to reduce recidivism, to stem the tide of parole revocations that keep our prisons overcrowded.

It's the hope of lawmakers and our agency heads that new policies, with the help of the faith-based community, will help shape a new mindset. We desperately need volunteers to step in when we despair of ever seeing a change in our "repeat visitors."

Really, I think that was the point of the summit -- to ask those who still have faith in the possibility of change to infiltrate our prisons with their idealism

Former inmates spoke of hope -how it's the one thing that got them out of prison and has helped them stay out.

At the summit, faith-based organizations were asked to commit to working with inmates and parolees. So, in the coming months, we may see an increase in the number of people who want to come into our prisons.

I urge you to let them in. Because sometimes, you really do need childlike faith -- and forgiveness -- to offer a seemingly endless supply of chances.

Page 8 ADC Advocate

ORCU honors retirees

The Ouachita River Correctional Unit recently bid farewell to two staff members due to retirement.

Mary Brown began her career with the ADC in 2011 as the food preparation supervisor. Prior to joining the ADC, Brown was employed by the public school system for over 13 years in the food preparation area. Brown and her husband are planning to travel, (or as DW Musselwhite put it: "tripping"), smelling the roses and just enjoying whatever journey life takes them on

Cathy Greenway Carter has held many positions during her employment with the ADC. She started in 1982 at the

Women's Unit in Pine Bluff. In 1995, she was promoted to sergeant at Wrightsville and was promoted to lieutenant (the first woman to be a lieutenant at a men's prison in Arkansas) in 1997. Beginning in 2000, she worked as a grievance officer at Pine Bluff in Diagnostics and was promoted to Program Specialist for Intake in 2008. Carter's retirement plans include spending more time with her grandchildren, getting involved in church activities and renovating her home.



Mary Brown







Deputy Warden Gary Musselwhite serves ice cream at the celebration.

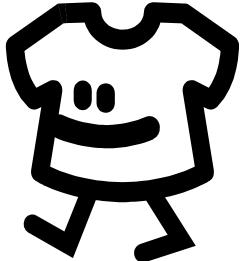
RED RIBBON RUN T-SHIRT DESIGN CONTEST

Theme for 2015: Respect yourself, be drug free

The t-shirt design contest is open from August 21 through September 21.

The contest is open to all ADC employees and inmates. Entries should be submitted to Shirley Lowe at Central Office no later than 5 p.m. September 21, 2015

> 1st place \$55 2nd place \$35 3rd place \$25





Facts about policy and conduct

Do you have questions about ADC policies and procedures? Then send in your topics to The Advocate, and we'll be glad to get you the facts. Contact KAT at kathlyn.atkinson@arkansas.gov with questions.

AR 216 Accepting Gifts

I. <u>POLICY</u>: It shall be the policy of the Department of Correction to accept under general purpose and restricted use gifts, grants or donations that will benefit the Department in a positive manner.

II. EXPLANATION:

A. Definitions:

- 1. General purpose gifts, grants and donations shall be any gifts, grants or donations that are given to the Department of Correction to be used at the Department's discretion.
- 2. Restricted use gifts, grants or donations shall be any gift, grant, or donation that has restrictions placed on its use by the donor.
- B. Acceptance of General Purpose Gifts, Grants and Donations
- 1. The following are designated to receive and accept general purpose gifts, grants and donations in behalf of the Department:
 - a. Members of the Board of Correction

b. Director of the Department of Correction

c. Deputy Director

- d. Assistant Directors of the Department
- e. Unit Wardens/Center Supervisors/Administrators of the Department
- 2. Reporting, Recording and Receipting Procedures
- a. Receivers in "B.1." above shall immediately provide donor with a written statement of receipt, stipulating it is a general purpose gift, grant or donation. Receivers shall also state that a separate official receipt will be provided for tax purposes.
- b. A copy of the written receipt, issued at the time of initial acceptance, shall be forwarded to the Director of the Department. If the donor has given something other than cash, the receiver shall include on a separate letter of transmittal, a complete description of the item(s) and its location in order that it may be verified for inventory purposes.
- c. The Director shall forward the documentation noted in "B.2.b." above to the Assistant Director of Administrative Services for entering on the official records of the Department.
- d. An official receipt for tax purposes will be prepared on official letterhead stationery of the Department and signed by the Assistant Director of Administrative Services and the Director of the Department. This receipt will be forwarded to the donor upon entry of his donation on the Department's official records. A copy will also be provided to the initial receiver.
- e. All gifts of a monetary nature shall be in the form of a check or money order payable to the Arkansas Department of Correction. The donor should indicate on the check that it is for general purposes. Whenever possible, the initial receiver should seek a written statement from the donor which would state the donor's intent of the donation and provide a description, as complete as possible, of the gift, grant or donation. All gifts, grants and donations of a monetary nature must be deposited into an approved depository and then expended by check or state warrant drawn on those approved depository accounts.
- f. Each gift, grant and donation will be expended or used as determined by the Director and/or Board of Correction.
- g. The Director shall cause a monthly report to be compiled and submitted to Board regarding gifts, grants and donations accepted and/or pending.
- h. A monthly report will be provided to the Director and the Board of Correction on expenditures from and balances of monetary grants.

III. Acceptance of Restricted-Use Gifts, Grants and Donations

- A. The following are designated to receive and accept restricted gifts, grants and donations in behalf of the Department.
 - 1. Board of Correction
- 2. Director of the Department
- B. Reporting, Recording and Receipting Procedures
- 1. Donors of restricted-use gifts, grants and donations must stipulate to the Board of Correction or Director of the Department, in writing, the conditions/restrictions of the proposed gift or grant along with a complete description of the gift, grant or donation. 2. A tentative, conditional acceptance will be issued by the receiver in III-A above. This type acceptance will be issued when it is felt that the Board and Director should jointly determine the appropriateness of the restrictions governing the donation, gift or grant. 3. Once the Director and/or Board have determined that the Department will accept the restricted gift, grant or donation, the Director shall notify the Assistant Director of Administrative Services. The restricted gift or donation will then be entered on the official records of the Department. The Director shall forward the original document from the donor which sets forth the conditions; a copy of the tentative acceptance of the gift, grant, or donation; and a statement from the Director authorizing the official entry of the gift, grant or donation on the Department's official records. 4. Having entered the restricted gift, grant or donation on the Department's records, an official receipt will be prepared and signed by the Assistant Director of Administrative Services and the Director of the Department. This shall be the official receipt given for tax purposes to the donor and a copy will be given to the initial receiver. The official receipt will state the conditions under which the Department of Correction accepts the gift, grant or donation. 5. All gifts of a monetary nature shall be in the form of a check or money order payable to the Arkansas Department of Correction. The donor shall state on the check: "For Restricted Use". All gifts, grants and donations of a monetary nature must be deposited in an approved depository and then expended by check or state warrant drawn on those approved depository accounts. 6. All gifts, grants and donations will be expended or used as directed by the Director of the Department and/or Board of Correction. 7. The Director shall compile and submit to the Board of Correction a monthly report on gifts, grants and donations received and/or pending. 8. A monthly report will be provided to the Director and the Board of Correction on expenditures from and balances of monetary grants.

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Page 10 ____ ADC Advocate

TRAINING



ACADEMY

Training Academy Graduates: Class 2015-I, July 31, 2015



Draven Arnold, Quincy Blackshire, Rodney Boal, Steven Braswell, Tyera Bryant, Juseka Callahan, James Carlton, Jeremy Casey, Bria Compton, Virginia Davis, Jerome Eason, Timesha Edmondson, Isaac Emerson, Neoshea Eshmon, Robin Finley, Synedra Gibson, David Godfrey, Donavon Goodwin, Bruce Green, Timmy Guthrie, Caprisha Hancock, David Harris, Joseph Hayslip, Alex Hutcheson, Jesse Jackson, April Johnson, Brenda Kelley, Caneesa King, Deborah Lewis, Yakima Lovette, Morgan Mathes, Damien McBride, Briana McDonald, Michael Mellow, Dana Muhammad, Debbie Patrick, Chrisy Pittillo, Natasha Pruitt, Johnathan Rash, Ester Reeves, Samuel Ringgold, Dakevis Scaife, Brian Shelton, Angela Stanley, George Thomas, Sandra Vincent, Ty'Tiana Watson, Rushelle Welch, Ranishia White, Tahara Williams, and Catherine Wilson.

Willis H. Sargent
Outstanding Student
Achievement Award

The WHS winner is April Johnson, third from left, pictured with Randy Callas, Warden Mark Cashion, and Training Administrator Fred Campbell.



Training Academy Graduates:

Class 2015-J, Aug. 21, 2015

Willis H. Sargent
Outstanding Student
Achievement Award

The WHS winner is Twona Frazier, second from left, pictured with Major Randy Callas, Training Instructor Mike Barger, and Warden Danny Burl.





Dillon Aldy, Gary Anderson, Roy Ashing, Brittnei Austin, Te'shena Bass, Kylan Battle, Elizabeth Bell, Marcus Brawley, Kayla Brewer, Tina Burnette, Devin Burns, Patrick Carroll, William Casady, James Chapman, Lakisha Cobbs, Alexzandria Cofield, Shantnae Cousins, Roshunda Crew, Quantarrious Davis, Mitchell Floyd, Twona Frazier, Karim Fulghem, Garrett Gardner, Delton Gladden, Cory Hampton, Mieka Haymer, Vivian Holder, Patricia Holloway, Marquis Hood II, Earl Hopper, Emori Houston, Chelsea Jackson, Jakari Jackson, Stephen Joans, Donterrian Kelly, Chiayko Kennedy, Simone Kennedy, Sonny Lambert, DeAundrea Lewis, Simone Mack, Harold Magee, Anterio Matthews, Damien McBride, David McClain, Gary McClellan, Shaquean Miller, Tenisha Moore, Tara Murry, William Norris, Gregory Palmer, Shontil Palmer, Autumn Rackley, Keaubreyunna Ragland, Shamecqua Rainey, Jessica Rayner, Daysa Reed, Jesse Rhodes, Kennon Ridgell, Michael Robertson, Joshua Seymore, Jaquesha Tate, Andrew Teegarden, Morgan Todd, Blake Tolleson, Peggy Webb, Christopher Wilson, Tiarra Wilson, Shaquitta Wright, and Frank Yelland.

Promotions & New Hires

Promotions

Date	Name	Position	Unit
08/02/2015	Brian Cockrell	Lieutenant	Maximum Security
08/02/2015	Brandon Davis	Lieutenant	Maximum Security
08/02/2015	Woodrow Davis	Sergeant	Maximum Security
08/02/2015	Shatoria Hill	Food Preparation Supervisor	Maximum Security
08/02/2015	Kelly Honeycutt	Sergeant	Texarkana Work Release
08/02/2015	Everett Litzsey	Captain	Maximum Security
08/02/2015	Bruce Sanders	Captain	North Central
08/02/2015	Joseph Spurlock	Sergeant	North Central
08/09/2015	Cindy Owen	Commissary Manager	Cummins
08/09/2015	Michelle Rucker	Sergeant	Cummins
08/16/2015	Jeremy Andrews	Warden	Delta
08/16/2015	Jim Babcock	Senior Chaplain	Chaplaincy-Cummins
08/16/2015	Tracey Breshears	Administrative Analyst	Human Resources
08/16/2015	Evette Britton	Administrative Specialist II	Wrightsville
08/16/2015	James Gibson	Superintendent	Wrightsville
08/16/2015	Bryan Hale	Sergeant	Delta
08/16/2015	Kayla Noel-Emsweller	Administrative Specialist II	Classification
08/16/2015	Qushawna Stinnett	Sergeant	McPherson
08/16/2015	Tanya Timmons	Food Preparation Manager	East Arkansas
08/16/2015	Justin Tindall	Sergeant	Wrightsville
08/16/2015	Wesley Wilmoth	Sergeant	McPherson

New Hires

Date	Name	Position	Unit
07/20/2015	Leslie Freeman	Senior Librarian	Admin Annex East
08/07/2015	Tom Gothard Jr	Food Preparation Supervisor	Mississippi County
08/10/2015	Kim Bell	Administrative Specialist I	East Arkansas
08/10/2015	Renee Grissom	Subst. Abuse Pgm Leader	Mental Health-McPherson
08/10/2015	Lonetta Howard	Administrative Specialist I	East Arkansas
08/17/2015	Arthur Stokenbury	Lic Professional Counselor	Mental Health ORCU

ADC ADVOCATE EMPLOYEES NEWSLETTER

ADC Mission Statement

- To provide public safety by carrying out the mandate of the courts.
- To provide a safe humane environment for staff and inmates.
- To strengthen the work ethic through teaching of good habits.
- To provide opportunities for staff and inmates to improve spiritually, mentally, and physically.

The *ADC Advocate* newsletter is published monthly by the Communications Office for employees of the Arkansas Department of Correction. The publication strives to enhance communication and provide information on the development and achievements of this agency.

All employees are encouraged to submit articles, comments, ideas, letters and questions. The deadline for submission is tentatively set for the 15th of each month for inclusion in that month's publication.

Please be aware that all submitted items will be subject to editing. However, every effort will be made to maintain the writer's essential meaning.

In addition, statements contained in the *ADC Advocate* are the personal views of the authors and do not necessarily represent the opinion or policies of the Arkansas Department of Correction.

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Visit ADC on the Web @ www.adc.arkansas.gov

Parting Shots

Thank you Marvin Evans for your service!





Arkansas Department of Correction

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