

ORCU News Letter

March 2018

Welcome To The



The Dog House

"Woof"

Welcome to the March Edition of the Dog House. It has been a great month here at ORCU and we are looking forward to another great month in April. Remember that Reentry Week is April 23 thru 27 and we can't wait to see what all it brings.

Successful Parole

You must have a willingness to accept responsibility for whatever led to your incarceration and have the mindset of wanting to change.

The parole system works off the behavior modification process and basically it is YOU having the ability and the desire, along with our assistance to make positive change.

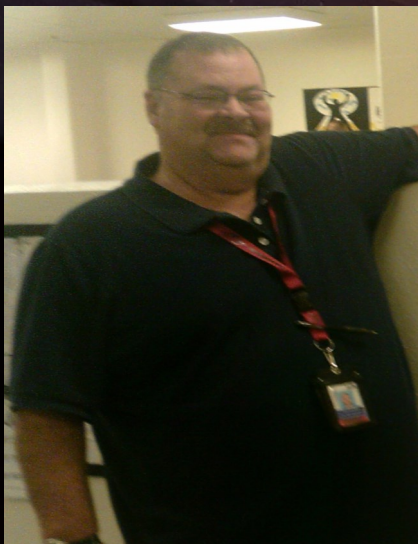
The goal of your supervision is to remain crime free and successfully integrate back into society. You will need to consider what is most important to you, living crime free or a life of incarceration.

Together we share the same community; therefore working together we can reach goals and change lives.

Reentry Handbook

INSIDE THIS ISSUE:

The Big Dog	2
Anger Management	2
Guest Speakers	3
Graduates	4
MIP & MVP	6
Community	7
Mentors	8



I am looking forward to seeing what all the Reentry Week will bring for all the participants here at ORCU. I am glad to see that so many have realized the need for a successful reentry and are doing what it takes to make it happen.

J.D. Ashcraft

Anger Management



**Congratulations
to ALL !!**

We are grateful for Chaplain Moore teaching an Anger Management Class to the Think Legacy Participants in February. None of us has completely mastered our anger and classes like this are great tools to help us overcome our anger problems while becoming better men for it.

Guest Speakers for March

OSHA Leadership and Fall Prevention Seminar

An OSHA training seminar was recently conducted at the Ouachita River Unit Think Legacy program. The instructor was Dr. John S. Dunsmoor (a former convicted felon) from Red Rocks Community College in Lakewood, Colorado. Not only does he have a doctorate degree but travels all over the U.S. and other countries to facilitate OSHA training to many different industries. He also has a single-engine pilot's license. He is truly an inspiration to all of us behind bars that we can advance beyond the limits of our criminal offenses regardless of the naysayers. The one-day event covered topics regarding safety awareness on the job, social style skills, and job opportunities in the construction and oil and gas industry. All those attending will receive OSHA certified certificates on this subject and this training can be a valuable resource in your job search process. Thank you Dr. Dunsmoor for taking the time to give us this valuable training.

Office of Child Support Enforcement

Shuntrice Hughes, Jacki Garrett, and Terry Daily from the Office of Child Support Enforcement delivered vital information for those dealing with child support issues and where to go to seek help when released. She said that one important thing to remember once released is not to avoid the Child Support Office. Even if you can't pay your child support once released, at least contact the office, because if you don't they can't work with you.

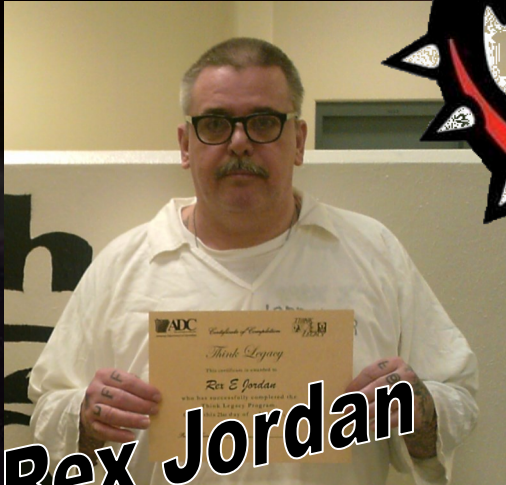
Arkansas Securities Department

As we prepare for our release with money management in mind we gain another tool to safe guard ourselves from returning to prison. **David M. George** from Arkansas Securities Department talked to us about all aspects of Money Management and preparing for retirement.

WORK READY GRADUATES



for March



Rex Jordan

This program is what I have been needing my entire life. Life is about the choices we make. Think Legacy for me has been a healing experience. Come and see for yourself



Ralph Riley

I spent the first month emptying myself and now I look for the good in everything. Now I can process my thoughts and control them before making decisions



William Peterson

It's been a fulfilling 6 months in the Think Legacy program. I've learned about skills that will help me be a better person and to advance myself.

WORK READY GRADUATES



for March



NO PICTURE
AVAILABLE

Matthew
Crabtree



Stacy
Williams



for March



A Poem By James M. Higgins

I can see Mama in the Garden there where pretty roses bloom and I can here her say I'm waiting here for you and when you enter in I'll come running to meet you, To show you just how pretty Heaven is. You will feel welcome when you get up here where everyone is waiting in their Heavenly home up on high, and the day that we get to enter Heaven we will get to stroll down those streets of gold, and beholding Mama's hand once more.



From Orientation to leisure time and everything in between within the Think Legacy Program, we teach each participant that a balanced life is important to a successful reentry.



Finally, the long-awaited day has arrived, the "Dog House" participants were privileged to receive tablets for the program. The tablets are a great resource of information, religious issues, sports and entertainment and so much. The tablets have given our guys something new to do outside of class to keep their minds active without being subjected to idle time. The participants eagerly await the next opportunity to check out their tablets to travel on their way to new adventures. A big "Thank You" to the Think Legacy Reentry Program and Ms. Smart for affording us this great resource.

Failure is not an Option



I have recently began teaching “Victim Impact” class in Think Legacy. I am in training to become a mentor and I am grateful to the mentors for their extra time spent with me. Most of all I want to recognize the class participants because even as a teacher I learn from them more and more each day. Think Legacy is going to change the world we live in — One Alpha Dog at a time.

David Vines

The Think Legacy Program is making an impact on my life. Like many others I’m learning to improve my social skills and to prepare me for the challenges that I may face every day and to prepare me for the challenges after my release that will lead me to achieving a successful life.

Wendell Strickland

The HAB-A-KNIGHT Mustangs are doing great. The next graduating class will be in May with 9 Participants ready to enter the work force.

David Wilson