

THE ADVOCATE



A PUBLICATION OF THE ARKANSAS DEPARTMENT OF CORRECTION

July 2011

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Federal Correctional Center staff tours Super Max



Warden Jimmy Banks, left, leads visitors from the Federal Correction Center in Yazoo City, Miss., through the sally port at Varner Super Max.

Staff members from the Federal Correction Center in Yazoo, Miss., visited the ADC's Varner Super Max Unit June 17 to learn about the operations and daily issues of operating a high security facility.

ADC Assistant Director Grant Harris presented a workshop June 13 at the Mississippi facility on the issues and hazards of running a super max unit. The staff and management were so impressed with Harris' presentation that they planned a trip to Arkansas days later to see the Varner Super Max firsthand.

Warden Bruce Pearson and Associate Warden Leroy Pitts, along members of their management team, participated in the tour.

**More story and
photos on Page 7**



Assistant Director of Institutions Grant Harris fields questions from federal staff visitors

Remember the true meaning of Independence Day



Ray Hobbs
ADC Director

This month we celebrate the Fourth of July – Independence Day. Many will enjoy a Monday off from work and perhaps take a fishing trip, play a round of golf or fire up the grill. There will be fireworks displays and hopefully, plenty of homemade ice cream.

I'd like to take a little of your time in this month's Advocate to focus on what the day symbolizes to us as

American citizens. We all learned these things in high school history classes but if you're like me, the hustle and bustle and demands of everyday life consume most of your time.

That's why it's important that we pause on occasion to consider the true meaning behind days like the Fourth of July.

King George III and Great Britain kept their heavy thumbs on the folks living in the 13 American colonies. Increasingly, they tried to make the colonists follow more rules and pay higher taxes. As people do today, they started getting mad and began making plans for new leadership and ways of doing things. They no longer wanted Great Britain to be able to tell them what to do, so they decided to tell Great Britain that they were becoming an independent country.

The United States Declaration of Independence was adopted by the Continental Congress on July 4, 1776. It announced that the 13 American colonies then at war with Great Britain were now independent states, and no longer a part of the British Empire.

The Declaration outlined the problems people had with King George III, but more importantly it made a sweeping statement of individual human rights:

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

The Declaration of Independence is more than just a piece of paper. It is a symbol of our country's independence and commitment to certain ideas. A symbol, of course, is some-

thing that stands for something else. Most people can look at a certain brand and know immediately what the logo or symbol is. We all recognize Coca-Cola, McDonald's Golden Arches and the Nike "swoosh."

Well, the signers of the Declaration of Independence wanted the citizens of the United States to have a document that spelled out what was important to our leaders and citizens. They wanted us to be able to look at the Declaration of Independence and immediately recognize what it stands for – life, liberty and the pursuit of happiness.

On the Fourth, as you gather to enjoy the day, please take a little time to think about the people who have fought to make our freedoms and the celebration of America's independence possible.

Department Briefs



Warden Joe Porchia, ADC Sgt. Misty White and Freddie Ware of the Arkansas State Police are ready to hand out goodies. The Mississippi County Work Release Center and the

Charles Strong Recreation Center sponsored the annual Fishing Rodeo for area children on May 28. Children gathered in Burdette for a day of fun participating in several fishing events. The guys over at MCWRC also donated toys to the participating children who all had a great time.

Capt. Sonny Smith has been a fixture with the Compliance Division of the Board of Corrections for more than 26 years, but decided recently it was time to take life a little easier. For the past 14 years, he worked as an investigator.

Before he could make a clean getaway and start on retirement, his friends at the Compliance Office took the time to wish him well and enjoy some great barbecue.

Best of luck, Sonny! You'll be missed!



2011 BCOT Class F Graduates

Class 2011-F, Graduated 06/10/2011



Cynthia Adams, Linn Adcock, Christina Barnes, Jerica Burns, Jesse Christian, Felicia Cobbs, Shenekia Cooper, Demetrice Davis, Joshua Dycus, Myrika Freeman, Joe Fuell, Norene Gerler, Keaton Harvey, Patrick Hasley, Kim Kelley, Ben Killingsworth, Shuwanda Landrum, Diane Lindsey, Larry Louis, Rickey McCarrell, Ladarius Moore, Nicholas Nelson, Gregory Newsom, Matthew Owen, Sam Robinson, Kimberly Sanders, Herman Shields, Anthony Skaggs, David Smith, Evelyn Smith, William Speer, Jamesia Stephney, Ronnie Tacket, Marvin Volner, Samuel Walker, Christopher Watson, Quala Watson, John Weaver, Marrio Weems, Jody Willetts, Roderick Williams, and LaJyrl Wise.



AACET MEMBERSHIP DRIVE

Just a reminder: AACET is currently holding a membership drive through July 30. New members will be eligible to win an iPad 2 and existing members will go into a separate drawing for a second iPad 2. Every unit reaching a 95% membership will receive a pizza party for each shift! So join the crowd — JOIN AACET today!

People, Places & Things



Bill Watson, of The Advocate staff, displays selections of his fantasy artwork at the 2011 Project A-Kon Anime Convention/Art Exhibit in Dallas in June. Although it has been awhile since his last exhibit, Bill received high praise for his colored-pencil illustrations from the nearly 16,000 anime fans attending the convention. With another show in September, Bill's going to be pretty busy with his art projects.



AACET takes ADC out to the ballgame



It was a hot summer afternoon at Dickey-Stephens Park June 26 when ADC employees and Arkansas Association of Correctional Employees Trust members watched the Arkansas Travelers play the Northwest Arkansas Naturals.

The afternoon started off with a picnic for AACET members with all-you-could-eat Pettit Jean hotdogs and Backyard Burgers hamburgers with all of the trimmings. Soft drinks and iced tea were also provided as the fans enjoyed a great meal, while trying to keep cool in the 97-degree temperatures.

The Travs got off to a good start in the first inning, leading off by four runs to one by the Naturals. Travs pitcher Andrew Taylor managed to hold off the Naturals until the bottom of the third when the visitors loaded and ran the bases to a 6-4 lead. It began to look like the Travelers were running out of luck until the bottom of the 8th as #16 Jon Townsend hit a solid drive into right field, allowing he and #10 Chris Pettit to run in and tie the score at 6-6.

Both teams rallied to defend the scoreboard in the 9th inning, sending the game into overtime. In the bottom of the 10th, the Travs loaded the bases and scored the winning run, leaving the final score at Travelers 7, Naturals 6.



Arkansas Criminal Justice Association holds 2011 Summer Conference

The Clarion Resort Hotel was the location for this year's Arkansas Criminal Justice Association Summer Conference June 1-3. Workshops focused on issues such as close protection security, first impressions, updates on the state legislature, and the filing and defending of federal lawsuits.

Guests included Richard Davis of the Arkansas State Fusion Center, Christine Cryer from the State Attorney General's Office and Senator Mike Fletcher of the Arkansas General Assembly.

Speakers representing the ADC were Larry Cyr and Fred Campbell, who gave workshops on personal protection and making lasting impressions. During free time, guests took in the sights and attractions of Hot Springs.



Christine Cryer of the Arkansas Attorney General's Office



A panoramic view of Lake Hamilton served as the backdrop for the 2011 Arkansas Criminal Justice Association Summer Conference in Hot Springs.



ADC officers complete police training and graduate from ALETA



ALETA graduates are from left, Sgt. Stephen Poe, Sgt. Daniel Heflin and Sgt. Dennis Reap.

Three more officers from the ADC Central Office K-9 Division have completed basic police training at the Arkansas Law Enforcement Training Academy in East Camden.

Sgt. Steven Poe of Sheridan, Sgt. Daniel Heflin of Woodlawn, and Sgt. Dennis Reap of Pine Bluff are the second group of ADC officers to graduate from the academy on June 17.

Prior to the ALETA police training, officers who made routine searches on prison property would have to contact local city and county law enforcement to make an arrest for suspects caught smuggling contraband or posing a threat to ADC operations and security. This training now enables the ADC officers to take these suspects immediately into custody.

The 12-week, 480 hour course includes instruction in police tactics, weapons, legal, educational, technical skills and practical exercises.

Sgt. Poe was E-Squad Leader. Sgt. Heflin was B-Squad Leader and also received second place in academics.

Health Matters

Anxiety: Coping with fear and worry to live a happier, healthier life



You worry a lot. Your muscles stay tense, you can't seem to relax or concentrate on everyday tasks. Little problems seem bigger than they should be, and you can't explain why you feel the way you do.

Each year, about 4 million Americans suffer from Generalized Anxiety Disorder (GAD). Some anxiety problems can begin during childhood and adolescence, while others begin during adulthood. The condition tends to be more prevalent in women, however, it is common for men to suffer from acute GAD conditions as well.

GAD is characterized by excessive anxiety and worry about everyday life events without obvious reasons for worry. Those who suffer from these symptoms tend to expect disaster; worrying about health, money, family, work, or school. In people with GAD, worry is often unrealistic or out of proportion for the situation.

Daily life becomes a constant state of fear and worry that dominates the person's thinking to the point of interfering with daily functioning, work, social activities and even personal relationships. Those who suffer from GAD are often prone to panic, depression and phobias that can often lead to drug or alcohol abuse relieve stress.

While the exact causes of GAD are not fully known, a number of factors may contribute to it's development:

Genetics – a family history of stress and emotional disorder can contribute to someone else experiencing GAD.

Brain Chemistry – an abnormal level of neurotransmitters that carry impulses and information to the brain that can inhibit how one reacts to a situation, creating anxiety.

Environmental Factors – trauma and stressful events such as abuse, the death of a loved one, divorce, changing work or schools can lead to GAD. It may also worsen during extended periods of any of these factors. Withdrawal from substances such as caffeine, nicotine, alcohol, and drugs may also have negative side effects.



Although there are no laboratory tests that can diagnose an anxiety disorder, a doctor can use a variety of tests to determine the physical symptoms that are either the cause or result of the stress. GAD may be diagnosed if symptoms persist for more days than not in a six-month period, or if the condition has interfered with daily living such as missed work or withdrawal from social and family functions.

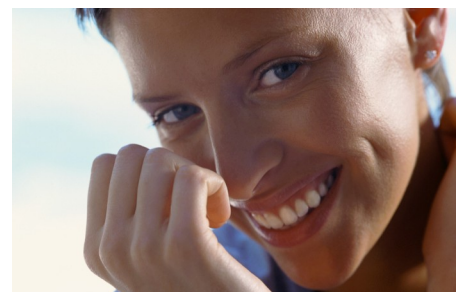
The good news is that you don't have to let GAD control your life. After the proper diagnosis, treatment can begin to reduce or even eliminate your symptoms and give you back your life.



GAD can be treated through medication, cognitive behavioral therapy, or a combination of both. Short-term medications known as *benzodiazepines* are referred to as "tranquilizers" for their calm and relaxing effects. Common brands are *Xanax*, *Valium*, and *Ativan*.

Antidepressants such as *Prozac*, *Paxil*, and *Zoloft* are also being used to treat long-term effects of GAD and usually take a couple of weeks to regulate a patient's symptoms.

Other ways to reduce and control symptoms include a reduction of stimulant intake such as caffeine found in coffee, teas, and sodas. Be careful to ask your doctor about any herbal or over-the-counter remedies that may actually increase anxiety levels. Exercise daily and practice stress management techniques such as yoga or meditation. And remember to seek out counseling and support from others who understand and care about you. Anxiety doesn't have to ruin your life, career, and relationships. Take control and feel good about life again!



Federal visitors impressed by ADC Super Max unit management and officers



Wardens Bruce Pearson and Jimmy Banks with Deputy Wardens James Gibson, Leroy Pitts

Continued from Page 1

Warden Jimmy Banks showed the guests around the unit, where they saw Varner's open barracks, vegetable processing, the Super Max barracks and isolation wards.

The group watched a video of the daily situations faced by the Super Max staff such as cell extractions, mental health issues and personal safety in various scenarios.

Staff members were on hand to answer questions and offer insight into working in a high-security facility. The facts presented will be used by the visiting group to better understand and operate their facility back home.



Recipes

BBQ Sauce

1 cup ketchup
1/4 cup water
1/4 cup vinegar
1/4 cup brown sugar
1/4 cup minced onion

3 tablespoons olive oil
2 tablespoons paprika
1 tablespoon chili powder
2 cloves garlic, minced
1 teaspoon cayenne pepper

Heat oil in saucepan. Add garlic and onion, sauté until brown. Add remaining ingredients and reduce heat. Simmer for 15 minutes until thickened. Great on grilled ribs and chicken, as long as you apply just before serving to prevent burning. Also tastes great on burgers, too!



AMAZING!
I just saved a bundle
on the Advocate!

*I wonder if anyone
else knows about
this deal?!*

Of course they do, Ned! Most everyone except Ned knows that The Advocate comes free of charge, both on the internet on **Spotlight** and on our official website www.adc.arkansas.gov and in print as well! Just don't tell Ned.-He thinks he has a real racket going on.

Cummins Farm Operation rich in diversity and production yields



Horses and cattle and chickens — oh my! When most people think of the Cummins Unit, the last picture in their minds is one of a self-sufficient working farm. But a closer look might surprise even those born and raised down on a country farm!

The 17,500-acre farm is a multi-purpose facility that utilizes the latest farming technology and equipment. Depending on the output and weather, the department's farm program will provide about \$6 million in food for the prison system each year. Last year, the vegetable processing plant at the Varner Unit handled almost 3.5 million pounds of fresh vegetables. The farm prides itself in being able to raise anything from A to Z, asparagus to zucchini!

The goal of the farm is to produce and store enough food to feed through the winter, thus reducing canned good costs while meeting the needs of the ADC. Currently, the ADC is meeting 100% of its dairy and juice needs. Milk, cream, butter and fresh fruit juices and juice bars are produced and stored in the on-site creamery. However, vegetables and dairy are only the beginning.

In addition to the greenhouses and planting fields, the farm also is home to a sophisticated meat processing plant. Here the cattle, pigs, and chickens raised on the farm can be processed into the beef, pork and poultry that are consumed each day at the units. Laying hens provide the enormous amounts of fresh eggs used by the units. The fish ponds, bee hives and pecan groves scattered across the farm round out the operation.

Aside from the benefits of providing fresh food for the inmates and the savings from outside food costs, the agricultural program allows inmates to train and develop marketable skills in areas such as animal husbandry and vegetable, meat and milk processing. An inmate must complete a 60-day assessment, then attain trusty status before participating in the program. A capacity of 260 trusties can easily impact more than 2,000 inmates. Annually, the ADC realizes from \$300,000 to \$2 million-plus in savings.



The livestock operation turns up the heat as cows come in for branding with the ADC logo. Inmates contain the cattle in metal stalls while members of the ADC farm staff handles the hot irons.

2011 Police Summer Olympics filled with fun and spirited competition

Employees of ADC and law enforcement organizations gathered June 7-10 for some friendly and spirited competition at this year's Police Summer Olympics.

Events such as bowling, softball, basketball, golf and shooting were held at locations in Sherwood and Jacksonville. While temperatures may have been hot, the competition proved even hotter! Results are as follows:

BOWLING **LRAFB Bowling Center** **June 7**

1st Place: Sherwood Police
2nd Place: Pulaski County Sheriff's Office
3rd Place: Pulaski County Regional Detention Facility

SOFTBALL **Sherwood Softball Complex** **June 8**

1st Place: Springdale Police
2nd Place: Ouachita River Unit/ADC
3rd Place: Little Rock Police FOP

BASKETBALL **Bill Harmon Recreation Center** **June 9**

1st Place: Little Rock Police
2nd Place: Wrightsville Unit/ADC
3rd Place: Arkansas State Hospital Security

GOLF **Pine Valley Golf Course** **June 10**

AM/1st Flight
1st Place: Ouachita River Unit/ADC
2nd Place: Varner Unit/ADC
3rd Place: Sherwood Police

AM/2nd Flight
1st Place: Department of Community Corrections
2nd Place: Jonesboro Police
3rd Place: Gibson, Dutton, Robertson, Bonnie, Coody

AM/Longest Drive
Steve Moring/ADC
AM/Closest to the Pin
Bric Lewis

PM/1st Flight
1st Place: Varner Unit/ADC

2nd Place: Varner Unit/ADC
3rd Place: Randall L. Williams/ADC
PM/2nd Flight
1st Place: North Little Rock Police
2nd Place: Union County Sheriff's Office
3rd Place: M. Patterson, T. Patterson, Farley, Smith

PM Longest Drive & Closest to the Pin
Jared Dutton

SHOOTING **Pulaski County Range** **June 11**

1st Place: APO Board Team
2nd Place: PCSO
Single Tactical Shoot/Semi-Automatic
1st Place: PCSO, Corey Lawson
2nd Place: ADC/IT, Rene Quindo
3rd Place: PCSO, Raj Nayak
Revolvers
1st Place: PCSO, P. Stillings
2nd Place: ADC/ORCU, C. Couch
3rd Place: PCSO, Raj Nayak
Sniper Shoot
1st Place: Morrilton PD, John Gordon
2nd Place: ADC/ORCU, C. Couch

ADC inmate crews come to the rescue of tornado-damaged school



On June 28, members of the Mississippi County Work Release Center's Regional Maintenance Crew responded to an emergency request for assistance from the Osceola School District.

Joseph Richmond of the Mississippi County EOC asked for help after a tornado/straight-line wind caused severe damage to the West Elementary School.

Thirty-seven inmates and five staff members from the center worked to clear away damage to both the building and grounds. Inmates also assisted in moving perishable food from the school's kitchen area to avoid any loss.

The crews received many thanks and appreciation for their speedy response and hard work.



ADC In-Service Training

Schedules/Protocols

In-Service Training Protocol

The Training Academy wishes to welcome staff to In-Service Training. The academy strives to promote a professional environment during your learning experience.

Listed below is appropriate attire for In-Service class participation.

Shirt—button up or pull over (please, nothing derogatory, offensive or inappropriate for professional correctional staff, no T-shirts, no sports team shirts).

Shirt and Tie

Slacks—NO DENIM, no holes or frayed edges.

Dress/Pantsuit—(please, nothing see through, sleeveless or low cut. Length should be professional and appropriate for professional correctional staff)

Shoes—(no flip flops, sandals, tennis shoes or house slippers).

Uniforms—must meet Department guidelines

Headgear—allowed only outside of building (no derogatory or offensive wording, symbols, etc.).

Sweats/Shorts/Sport Warm-ups—will be considered appropriate only in classes containing physical activities – not during normal In-Service classes.

Smoking is not allowed on Academy property.

Please observe break times and lunch periods.

Cell phones or pagers need to be on vibrate or silent while in the classroom.

Students arriving more than 15 minutes late for the starting time of a class, or more than 15 minutes late from a break/lunch will be dismissed

JULY

In-Service Training Schedule

Date	Title	Time	Length	Location
5	Advanced IPC for Corrections	8:00	8 hrs	TA
6	Image Matters	8:00	4 hrs	TA
7	Leadership, Security & Body Language (VS)	12:30	4 hrs	TA
8	Complacency in Corrections	8:00	4 hrs	TA
9	Physical Fitness	12:30	4 hrs	TA
10	ID Theft	8:00	4 hrs	TA
11-14	Management Level I (1,2)	8:00	32 hrs	TA
12	eOMIS Training/Basic	8:00	4 hrs	HR
12	eOmis Training/Security	12:30	4 hrs	HR
14	eOmis/ Incident Coordinator	9:00	2 hrs	HR
14	Behavior-Based Safety Training	8:00	3 hrs	HR
18-22	Management Level II (1)	8:00	40 hrs	TA
20	Ruling by Fear	8:00	4 hrs	TA
21	Physical Fitness	12:30	4 hrs	TA
25-29	Security for Non-Security Personnel	8:00	40 hrs	TA
28	Slips, Trips & Falls	8:00	4 hrs	HR

For a complete listing of class schedules, updates and changes, see the In-Service Training section on the ADC Spotlight.

OPEN ENROLLMENT (Year round Classes)

- **Internet-Based e-Learning Classes.** (*for managers and supervisors only*)
Classes provided by National Institute of Corrections
Visit www.nicic.org. *You must get approval from your Unit Trainer before taking any e-learning classes.
- **Open enrollment, Inter-Agency classes** are offered to all staff members in Little Rock. They vary in length.
- Classes are also offered through the **Criminal Justice Institute** in Little Rock.

Your unit trainer has more information about Criminal Justice Institute, Inter-Agency, E-learning and other classes.

Notable Quotables

"If our country is worth dying for in time of war let us resolve that it is truly worth living for in time of peace."

— Hamilton Fish

AUGUST In-Service Training Schedule

Date	Title	Time	Length	Location
1-5	Command Officer School	8:00	40 hrs	TA
2	eOMIS Training/Basic	8:00	4 hrs	TA
2	eOmis Training/Security	12:30	4 hrs	TA
3	Microsoft Word	8:00	4 hrs	TA
4	Attitude Virus	12:30	4 hrs	TA
5	eOmis Advanced/Security	8:00	4 hrs	TA
8-9	16-Hr. Security for Non-Security	8:00	16 hrs	TA
10	Microsoft Powerpoint	8:00	6 hrs	HR
11	Ethics in the Correctional Setting	12:30	4 hrs	HR
12	Health & Safety Plan for Supervisors	9:00	4 hrs	HR
13	Fish Philosophy	8:00	8 hrs	HR
16-18	CPR Instructor Certification	8:00	24 hrs	TA
22-25	Management Level I (1,2)	8:00	32 hrs	TA
25	Accident Investigation & Reporting	12:30	4 hrs	TA
30	Ruling by Fear	8:00	4 hrs	TA

**If you are unable to access Spotlight, contact your Unit Trainer.
They will have the latest training schedules available.**

Frequently asked questions: Management I & II classes

Am I eligible for Management Level I or II training?

Only those recently promoted into a position that requires Management Level I or II are eligible for this training.

I have already taken some of the Management Level I/II classes. I only need a few more. How do I get the other classes to complete my Management Levels?

There is no need to take the other classes you lack to complete your Management Level I/II if you have not promoted into a position that requires it. Management Level I or II is no longer required to be completed before you promote. Once you are promoted, you will automatically be enrolled in these classes.

I recently promoted and need a few class to complete Management Level I/II. Do I have to take these classes over again?

No, you will only attend the training on the days these classes are taught. **Example:** You have completed all of your Management Level I classes except for Interpersonal Communication. You will only be scheduled to go to the Training Academy the day that Interpersonal Communication is taught.

I really would like to complete my Management Level I/II for my own personal gratification. I only have a few more classes to take to complete it. Are you saying that I can attend the Training Academy on those days to complete it?

No, only if you have been recently promoted to a Management Level I/II position are you allowed to attend those classes. If you have promoted you will be automatically signed up for the class or the classes you lack.

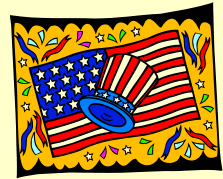
I recently promoted a position that requires I complete Management Level I/II. Do I need to complete an Enrollment form?

No, you do not have to complete and enrollment form. If you were recently promoted and do not already have Management Level I/II, you are automatically signed up for the next available class.

Will the Training Academy be offering the individual Management Level classes again?

As of now Management Level I and II are a 32-40 hour week long class. There will not be any more individual Management Level classes offered until further notice.

ADC CALENDAR OF EVENTS



JULY 2011

1 — Canada Day
4 — Independence Day
24 — Parent's Day
31 — Ramadan Begins



AUGUST 2011

National Catfish Month
National Clown Week
(First Week)
National Smile Week
(Second Week)

**Special Events?
Unit Functions?
Announcements?
Conference Dates?**



Send information to
The Advocate

Bill.Watson@arkansas.gov

New ADC Advocate newsletter turns a year old with changes aplenty!

Hello, kiddies! This month we can celebrate the first anniversary of the newly-redesigned and overhauled Advocate newsletter! And I must say, what a year it has been. I've seen many of our readers and visited several of the units across the state — not all, but still working on it! It's been a pleasure seeing the department and meeting the individuals who work tirelessly each day to provide a safe and secure environment for everyone. To me, that's what The Advocate is all about — the people who come in and do their jobs and never get their names or pictures in the newsletter. But without them, the department couldn't run as smoothly and safely as it does. So it is my intention to feature the people and faces behind the ADC and recognize their departments.

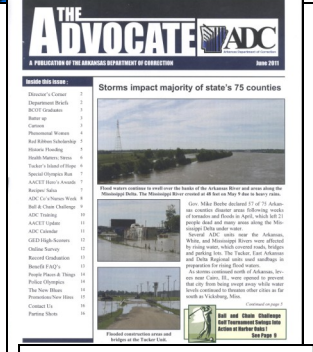
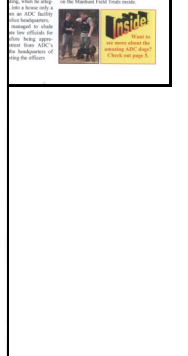
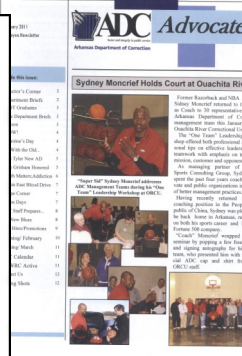
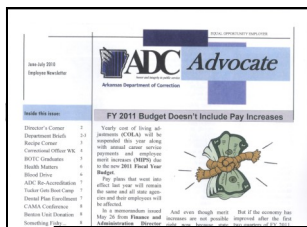
Many of you don't know my name, but I've heard you refer to me as "the newsletter guy," "Advocate-man" and even "the hair-dude." Hey, whatever is easiest (I've definitely been called a lot worse!) But, we at The Advocate are very excited and proud of our newsletter and how far it has come over the past year.

I want to thank each and every one of you for all of the great stories, pictures and recipes that fill our publication. We definitely couldn't do it without your help. I appreciate the positive feedback and support from everyone about the changes and where we're headed. Our newsletter is read online by many people outside of our agency, and we appear to be the only correctional newsletter featuring a running cartoon strip focused on correctional officers. People love our humor and especially the photos of all the ADC family who make this ship sail the way it does.

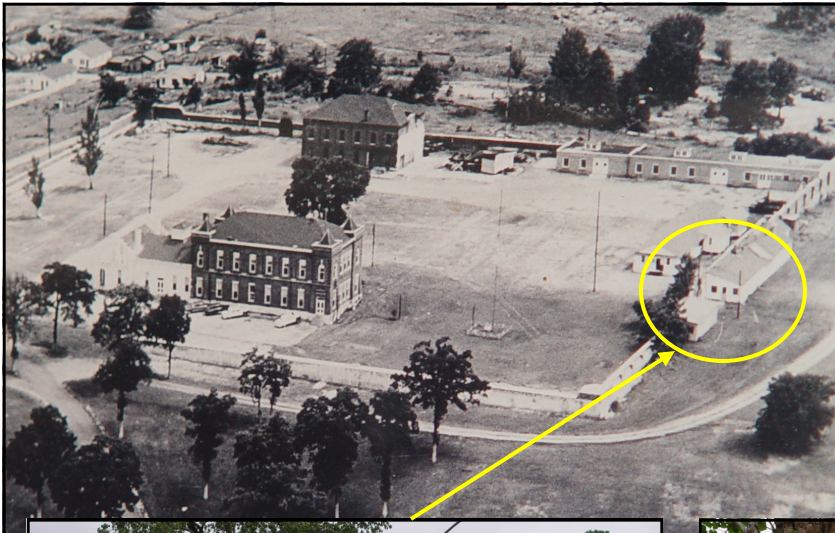
Thanks also to Dina Tyler and Shea Wilson — my "partners in crime" who make sure the news is timely, the jokes are funny, and the spelling is correct. We can't wait to show you the things we have in store as we continue to strive for a newsletter you'll enjoy reading.



**Bill Watson — AKA
"The Newsletter Guy"**



If 'The Walls' could talk – a visit to Arkansas' first prison



On the grounds that were formerly the Arkansas State Police Headquarters are the crumbling remains of Arkansas' first prison.

From 1910 to 1933, inmates were housed and executions carried out in the prison facility known as "The Walls." Arkansas' first penitentiary stood on the grounds where the State Capitol building now stands, but was relocated to an area just off Roosevelt Road in Little Rock. Construction began in 1899 and the prison opened in fall of 1910.

Closed in 1933, the prison was relocated to what is now Cummins. Little remains of what used to be guard posts and inmate barracks, but one can almost sense the ghosts and whispers of the people who once occupied "The Walls."



BENEFIT FACTS

Where can I get an application for employment?

The application is the regular state application. It can be obtained at any Work Force Center, or any Human Resources Division for the Department of Correction. You may also download the state application. For all current employees, the in-house application is required, which may be downloaded from ADC's website.

Can I apply for positions online?

Yes, you can apply online for all vacant Department of Correction positions at <http://www.arkansas.gov/doc/employment.cgi>.

Can I use one application to apply for multiple positions?

The Department of Correction requires a completed state application for each position applied for. Also be advised that you cannot substitute a resume in lieu of a completed application.

Where can I turn in or mail an application for employ-

ment?

Applications for employment can be turned in or mailed to the Human Resource Division, 2403 East Harding Avenue, Pine Bluff, AR 71601. Applications must be received by 4:30 p.m. on the closing day of the position applied for.

How do I find out the qualifications for positions with the Department of Correction?

All qualifications are listed with the position vacancy announcement online, in newspapers, and with the Work Force Centers. If you have questions concerning qualifications you can call the Human Resources Division, toll free, at 1-888-8ADCJOBS.

How long do I have to wait from my date of hire before applying for another position?

There is no waiting period to apply for other positions within the Department.

Hester takes on new position as training supervisor

When Felicia Hester began her career with the ADC three years ago, it seemed that she had a knack for teaching. Or, in this case, training.

For the first two and a half years, she served as the Varner Unit's Training Supervisor before promoting to security as sergeant. Now she's back in the training seat as Training for Central Office, Admin East. Mental Health, Chaplains, Transportation, Farm, Industry, Compliance, Warehouse and Central Records.

Felicia and her husband, Sgt. Earnest Hester III who works at the Varner Unit, have been married for four years and are excited about the arrival of their first child.

Felicia is a graduate of the University of Arkansas at Pine Bluff with a Bachelor of Arts Degree in Mass Communication Broadcast/Print Journalism.

Felicia's office is located in the Admin East building. Anyone with questions about training classes, requirements or schedules is encouraged to give her a call.



Felicia Hester discusses ADC training, family and her new position as Training Supervisor at Admin East.

ADC Training Academy officers receive law enforcement certification



Two Arkansas Department of Correction Training Academy officers received recognition from the Arkansas Commission on Law Enforcement Standards and Training in June.

Lt. Larry Cyr was awarded a "Certified Law Enforcement Instructor" certificate, while Maj. Gordon Davidson received a certificate declaring him a "Certified Police Professional Instructor."

So, what does all of this mean for the ADC and the Training Academy? According to Major Davidson, the academy can carry out more Law Enforcement/Police training approved by the Commission on Law Enforcement Standards and Training. Lt. Cyr's certification recognizes his "official" status as a Law Enforcement Instructor in ADC subjects, raising the bar for our Academy staff credentials and professionalism as instructors.

The New Blues

by Bill Watson



Promotions & New Hires

Promotions

Date	Name	Position	Unit
05/22/11	Sherice Ivey	Sergeant	East Arkansas
05/23/11	Tina Babb	Advisor	McPherson/ M Health
05/23/11	Debra Kidwell	Business Operations Specialist	Diagnostic
05/29/11	Tiffanye Compton	Police Development Coordinator	Central Office
05/29/11	Christopher Langley	Sergeant	Cummins
05/29/11	Shelly Quattlebaum	Fiscal Support Supervisor	Admin East
05/29/11	Misty White	Sergeant	Mississippi Co.
05/30/11	Sandra Kennedy	Internal Auditor	Central Office
06/03/11	John McLelland	Sergeant	Ouachita River
06/03/11	Kyle Sheldon	Sergeant	Ouachita River
06/06/11	Richard Lee	Sergeant	Grimes
06/06/11	Cecil Wright	Sergeant	Grimes
06/12/11	David J Allen, Jr	Lieutenant	Varner Supermax
06/12/11	Ashley Brock	Sergeant	Cummins
06/12/11	Gregory Miller	Sergeant	Delta Regional
06/12/11	Scott Terry	Sergeant	Cummins
06/13/11	Lillian Thompson	Unit Accreditation Specialist	Tucker
06/13/11	Sonia Wallace	Associate HR Administrator	Admin East
06/22/11	Shelly Jones	Unit HR Manager	Admin East
06/12/11	Alex Bray	Senior Chaplain	E Arkansas
06/19/11	Jeffery Cross	Sergeant	Wrightsville
06/19/11	William Westmoreland	Sergeant	E Arkansas



'The Red Shirts'

During the monthly chaplains' meeting at Central Office, red was the color of the day. These fine looking chaps (pardon the pun) are recognized industry-wide by their red shirts and positive attitudes, so we couldn't resist getting them all together for a picture together. Thanks for all you do!

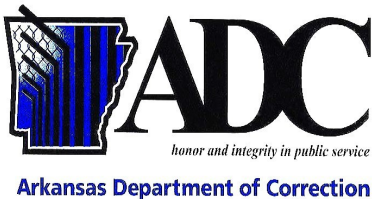
New Hires

Date	Name	Position	Unit
05/23/11	Vermarsha Stewart	Administrative Specialist I	E Arkansas/M Health
05/31/11	John Goss	Maintenance Tech/Construction	Wrightsville
05/31/11	Charles Livingston	Substance Abuse Program Leader	M. Health/Wrightsville
05/31/11	Yulanda Robertson-Pugh	Advisor	SOSRA
05/31/11	Patricia Wilson	Substance Abuse Program Leader	M. Health/McPherson
06/02/11	Bruce Davis	Recreational Activity Supervisor	Delta Regional
06/06/11	Mark Mallard	Administrative Specialist I	Cummins
06/06/11	Angela Menendez	Administrative Specialist I	Pine Bluff Unit
06/06/11	Kerry Neely	Administrative Specialist II	Mississippi County
06/06/11	Deborah Sherrill	Payroll Technician	Admin East
06/08/11	Homer Capel	Maintenance Technician	Construction/Cummins
06/13/11	Gary Reynolds	Maintenance Technician	Construction/Varner

ADC Advocate Employee Newsletter

ADC Mission Statement

- *To provide public service by carrying out the mandates of the courts.*
- *To provide a safe humane environment for staff and inmates.*
- *To provide programs to strengthen the work ethic.*
- *To provide opportunities for spiritual, mental and physical growth.*



ADC Advocate
P.O. Box 8707
Pine Bluff, AR 71611
Phone: 870-267-6990
Fax: 870-267-6258

The *ADC Advocate* newsletter is published monthly by the Public Information Office for employees of the Arkansas Department of Correction. The publication strives to enhance communication and provide information on the development and achievements of this agency.

All employees are encouraged to submit articles, comments, ideas, letters and questions. The deadline for submission is tentatively set for the 15th of each month for inclusion in that month's publication.

Please be aware that all submitted items will be subject to editing. However, every effort will be made to maintain the writer's essential meaning.

In addition, statements contained in the *ADC Advocate* are the personal views of the authors and do not necessarily represent the opinion or policies of the Arkansas Department of Correction.

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Parting Shots

